

CAMBRIDGE
UNIVERSITY BOAT CLUB

2022-23

Donor Impact Report



“

“Rowing is at the pinnacle of a rounded Cambridge education, where students gain the tools, habits and attitudes that set them up for life. At the elite level, it’s one of the few sports where students can perform at the very highest level and go on to national representation. It’s also the biggest mass participation sport in the university. It has the power to transform: regardless of where you have come from and what your experience is, there is an opportunity to row at Cambridge and to row at the highest level. As the figurehead for sport at the university, the Club has a vital part to play in the full educational experience of our students.

I would like to make it clear that education at Cambridge includes everything as part of the student experience, not just academics. Anybody who says you’re here for a degree and that alone is quite simply wrong.”

”

Graham Virgo, former Senior Pro-Vice-Chancellor (Education) and Master, Downing College



Contents

I. Mission and Values	4
II. Message from the Club Chair	5
III. Strategic Priorities 2021-26	6
IV. Year in Review	7
1. 2023 Crews	
2. 2022-23 Performance Highlights	
3. 2022-23 Academic Highlights	
4. Year-in-Review, Chief Coaches	
5. Year-in-Review, Assistant Coaches	
6. Messages of thanks from the outgoing Presidents	
V. Meet the new Presidents	16
VI. The CUBC Foundation	17
VII. Club Governance Structure	19
1. Summary of Giving & Impact	
2. Report from the Foundation Chair	
3. Significant Financial Facts - Income	
4. Messages from Fundraising Committee Chairs	
VIII. The Club	24
1. Report from the Rowing and Management Board Chair	
2. Significant Financial Facts - Expenditure	
3. Assets 2022-2023	
X. Acknowledgement of Donors	29
IX. Stories of impact	33
XI. Supporting our Student-Athletes	37
XII. Appendices	38
Appendix A: List of the acronyms used in this report	
Appendix B: Equipment Inventory	
Appendix C: Background of rowers in this year's crews	



Photo credits: We would like to thank the following photographers for their contributions to the Club and to this report: Ben Tufnell & Row 360, All Mark One, Keith Heppel, Ben Chattell, Veronica in the Fens, Mike Taylor, Vicky Gillard, Jet Photographic, and Nordin Catic.

Who we are

The University of Cambridge's mission

To contribute to society through the pursuit of education, learning and research at the highest international standards of excellence.

Cambridge University Boat Club's mission

To equip student-athletes to win boat races, prioritising excellence, wellbeing and inclusivity.

Values

Excellence

Equality

Respect

Values in Action

- Excelling on the water by winning and off the water by the highest academic achievement, both underpinned by collaboration, resilience, teamwork, perseverance and discipline.
- Delivering competitive and learning experiences of **life-long benefit**.
- Giving the **broadest range of people** the opportunity to benefit from the **formative experience** of rowing for Cambridge.
- Developing a culture that provides **equal access** to facilities, equipment and coaching for the benefit of current and future student-athletes.
- Respecting** each other, the traditions of the legacy clubs, the Boat Races and those we race.
- Protecting and supporting the **mental health** and **physical wellbeing** of student-athletes.

Message from Club Chair



Bingo!

The 2023 Boat Race Campaign reached a crescendo on 26 March with the Men's Blue Boat shouldering the weight of expectation and completing a full set of wins across every boat class. Never have Cambridge beaten Oxford so comprehensively across so many races. The BBC's brilliant coverage made much of the Club's culture, inclusion, and high-performance programme, led so ably by our fabulous students, dedicated coaches and staff and supported by you, our alumni and generous donors. There was much to celebrate at the Club dinner that evening.

In spite of this there is no time to rest on our laurels. As you will all know each campaign starts with a blank sheet and there is still much more we can and must do to stay ahead. Without doubt Oxford will be hurting from our success, they will use the sting of 2023 to fire up their 2024 campaigns, whilst they navigate the integration of their women's and men's clubs.

At CUBC we know we must continuously strive for excellence, to innovate, adapt, and to ensure our students thrive in their academic and sporting ambitions as well as their well-being: so that they have the very best opportunity to compete at the highest level; so that they can use their experiences at Cambridge to help shape a better world. We will do this by working to support every one of them to be their best, to help them work together to succeed, and to actively encourage a culture of inclusion across our community. Our class of 2023, like their predecessors, continue to represent the Club, its heritage and future brilliantly. It has been a privilege to see them grow in stature as athletes and leaders throughout the year, building their generational community and extending our global alumni network.

There is no such thing as an easy ride through Cambridge, the standards required to matriculate, to study and to graduate are high, without layering on the dedication required to be an exceptional athlete, and the University has acknowledged the added value of sport for our students at Cambridge. Our relationship with the University at all levels will continue to be of critical importance to us as a student-led club, facilitated and supported by its alumni. Our outgoing, interim and new Vice-Chancellors have been actively engaged with, and supportive of the Club's mission. I am extremely grateful to them for the support that they have shown to our Club and to sport across Cambridge.

Thank you for your support which provides the cornerstone for the Club's success: for your financial contributions and support in kind: your connections, advice, and encouragement. As we approach some significant anniversaries for the Boat Races, we will continue to work to ensure the long-term financial sustainability of the Club through careful stewardship and solicitation, to protect the future of the races themselves; and to support programmes and projects that will leave our chosen sport of rowing in a better, more sustainable, and inclusive place for the next century, or two.

Handwritten signature of Annamarie Phelps.

Annamarie Phelps CBE OLY, Club Chair

Strategic Priorities 2021-26

-
- **Continue to win Boat Races by attracting the best student-athletes to a world-leading university rowing programme.**

 - **Build a financially sound Club with the long-term aim to reduce student contributions.**

 - **Achieve equality including standardising all fleets.**

 - **Build an inclusive Club culture that respects the Club's values. Ensure that racing for Cambridge is accessible and affordable for all who are selected.**

 - **Support the University's strategic initiatives involving sport, physical activity and wellbeing.**



2023 Crews

MEN

BLUE BOAT

Putney WON

Bow	M J L Edge	St Catharine's
2	N P Mayhew	Peterhouse
3	N D Mouelle	Hughes Hall
4	B W R Taylor	Queens'
5	T E Lynch	Hughes Hall
6	S L R Benzecry	Jesus
7	O P W Parish	Peterhouse
Str	L D Ferraro	King's
Cox	J H W Parish	Clare

GOLDIE

Putney WON

Bow	G N Hawkswell	Caius
2	O R H Morley	Girton
3	T G Marsh	St John's
4	C A MacKenzie	Caius
5	R R Boericke	Caius
6	C A H Spiers	Downing
7	L D S Beaver	Emmanuel
Str	S C W Hayes	Jesus
Cox	O S Boyne	Downing

LIGHTWEIGHTS

Putney WON

Bow	T M Heppel	St Catharine's
2	S R W Taylor	Clare
3	S G G Clarke	Magdalene
4	J L G Holey	St Catharine's
5	G Vartan	Homerton
6	H A M Fieldhouse	St John's
7	B R Jones	Magdalene
Str	R L D Gray	St Catharine's
Cox	T S Senthilnathan	Girton

WOMEN

BLUE BOAT

Putney WON

Bow	C Graf	Emmanuel
2	R A Millard	Trinity Hall
3	A H Riddell-Webster	Murray Edwards
4	J L Armstrong	Jesus
5	F B Keto	St Edmund's
6	I T Bastian	Jesus
7	C A Brillon	Fitzwilliam
Str	C Dempsey	Newnham
Cox	J W Trotman	Sidney Sussex

BLONDIE

Putney WON

Bow	G L King	St John's
2	N M Wojtania	Churchill
3	J J de Jonge	King's
4	C L Earl	Caius
5	C R M Hole	St. Catharine's
6	H T Prince	Newnham
7	I E Powell	Churchill
Str	M A Foxell	Pembroke
Cox	K I Crowley	Sidney Sussex

LIGHTWEIGHTS

Putney WON

Bow	A K Cardno	Emmanuel
2	B P Merrifield	Homerton
3	M H Jackson	St Edmund's
4	G E Swan	Emmanuel
5	K L Hempson	Christ's
6	L E Lisi-Vega	Downing
7	L S Britten	Magdalene
Str	O R Alllott	Jesus
Cox	S E Clark	Hughes Hall



2022-23 Performance Highlights

November 2022

- CUBC athletes represent the Club at Team GB Long Distance Trials
 - Ollie Parish and Luca Ferraro finish top U23 2- and 6th overall
- Strong results recorded from all CUBC crews racing Fours Head, finishing just ahead of Oxford
 - Women win Women's Academic 4+, Lwt men win Men's Academic 4+, Women take 2nd in the Women's Academic 4-
 - Both Men and Women place 3rd in Open 4+
 - Alumni Tom George, Ollie Wynne-Griffith and Henry Fieldman win 4+

December 2022

- Trial Vllls
 - "Shrek" defeats "Donkey" in Lwt Women's Trial Vllls
 - "Rapinoe" defeats "Mead" by SIX INCHES in Women's Trial Vllls
 - "Mayne" defeats "Stirling" in Lwt Men's Trial Vllls
 - "Youth" defeats "Experience" in Men's Trial Vllls

January 2023

- CUBC Women's A and B swept by Oxford Brookes University in their first fixture

February 2023

- CUBC athletes and alumni represent the Club at Team GB 5k Trials
 - Imogen Grant wins LW1x and places 4th overall
 - Tom George and Ollie Wynne-Griffith win M2- and are fastest boat of the Trials
 - Ollie Parish and Luca Ferraro finish top U23 2-

Fixtures

- CUBC Women's A defeat University of London
- CUBC Men's A splits the fixture against the Dutch National Team
- CUBC Men's and Women's B have a clean slate against the University of London
- CUBC Lwt men go two from two against University of London B, while CUBC Lwt women go down to Imperial College.
- CUBC Women's A defeats Thames A in two of 3 fixture pieces
- CUBC Women's B go down to Thames B in their fixture pieces
- CUBC Men's A race Leander and close margins from 1 ¼ lengths to ¼ length in their second piece
- CUBC Men's B race Leander B and split the margin of defeat one all in their half course pieces

March 2023

- **CUBC completes a clean sweep of all races against Oxford, from spare pairs to the Boat Race**
 - CUBC Lwt men beat OULRC by 11 lengths, securing back to back wins
 - CUBC Lwt women beat OUWLRC by 6 lengths, extending their streak to four victories in a row
 - CUBC Men's Blue Boat beat OUBC by 1½ lengths reclaiming their 2021 title
 - CUBC Women's Blue Boat defeat OUWBC by 4 ½ lengths, making it their sixth consecutive win
 - Goldie beat Isis by 1 length to reclaim the title from 2021
 - Blondie defeat Osiris by 3 lengths, making it seven in a row
 - CUBC win both men's and women's Veterans' Races
 - CUBC wins the men's 2003 Reunion Sprint

April 2023

- CUBC Men and Women take silver at the Sveti Duje Regatta, Croatia

May 2023

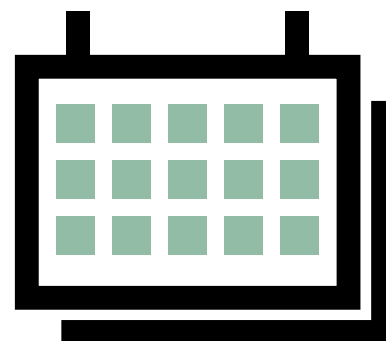
- CUBC takes 4th overall at BUCS Regatta, with CUBC Women placing second overall
- CUBC crews win 12 medals at BUCS, including 4 gold medals
- Alumna Paige Badenhorst wins her first World Cup medal with a bronze in World Cup 1
- Alumni Freddie Davidson, Imogen Grant, and Henry Fieldman win European Championships and Tom George, Ollie Wynne-Griffith, Henry Fieldman, and Jan Helmich take silvers.

June 2023

- CUBC announces Matilda Horn as incoming Women's Assistant Coach
- CUBC takes wins and medals at Met Regatta and compete at Marlow Regatta
- Alumni Freddie Davidson, Tom George, Ollie Wynne-Griffith, and Imogen Grant win at World Rowing Cup 2 in Varese, Italy, including a World Best Time for Grant, while Henry Fieldman takes a silver medal

July 2023

- Current squad members compete at Henley Women's Regatta
- Alumni shine at Henley Royal Regatta
 - Tom George and Ollie Wynne-Griffith win the Silver Goblets
 - Freddie Davidson wins the Stewards' Challenge Cup
 - Sarah Portsmouth wins the Wargrave Challenge Cup
 - Tom Strudwick wins the Thames Challenge Cup
 - Current squad members also have great regattas – Freya Keto makes quarter final of the Princess Royal Challenge Cup, CUBC Visitors 4- make the quarter final of the Visitors' Challenge Cup
- Under 23 World Rowing Championships
 - Luca Ferraro wins gold in the BM8+
 - Ollie Parish takes silver, stroking the BM4+
 - Triallist Nikita Zoglo represents Estonia in the BM8+
 - Incoming CUBC triallist Megan Lee strokes the USA women's 8+ to victory
- Alumni Tom George, Ollie Wynne-Griffith, Freddie Davidson, Imogen Grant, and Henry Fieldman win at World Rowing Cup 3 in Bled, Switzerland
- Cambridge University Sports Awards
 - Matthew Griffith wins Unsung Hero of the Year
 - Imogen Grant wins Sports Person of the Year
- Gemma King captains England Rowing Team to victory at the Home Countries International Regatta, winning Lightweight W1x and Women's Quad Scull



2022-23 Academic Highlights

“I believe firmly that education is more than just curriculum education. Blues perform higher academically, on average, than their peers.”

Bhaskar Vira, Pro-Vice-Chancellor for Education

CUBC continues to maintain its strong academic performance along with success on the water. Due to the UCU marking and assessment boycott we are unable to share a full list, however, some notable results include:

Academic Prizes and Scholarships

- Oliver Bridge (St Catharine's, BA Natural Sciences) Ranked 1/72 for Part III Chemistry, achieved three departmental prizes including best theoretical project and best overall performance in Tripos
- Carys Earl (Caius, BA Medicine) – Bell-Wade Award for academic and sporting excellence
- Cameron Mackenzie (Caius, MEng) – Caius Scholar
- Daphne Martin (Clare, PhD Classics) – A. G. Leventis Educational Grant
- James Trotman (Sidney Sussex, BA Economics) – Mike Phillips Award for academic and sporting excellence

“My academic results have significantly improved since joining CUBC, increasing from a 62 in first year to a 68 in second year when I trained with CUBC. My ranking in the year improved from 57th to 25th. Additionally, following outstanding results in History and Theory papers, I have since been invited to present my work at a seminar hosted by Professor Tina di Carlo in the 2023-24 academic year.”

Gianluca Vartan, Homerton, BA Architecture

Notable Academic Results

- Isabelle Bastian (Jesus, MPhil Health, Medicine and Society) First
- Oliver Bridge (St Catharine's, BA Natural Sciences) First
- Carys Earl (Caius, BA Medicine) First
- Katy Hempson (Christ's, MB Clinical Medicine) First
- Freya Keto (St Edmund's, MPhil African Studies) First
- Sean Hayes (Jesus, MPhil Architecture and Urban Studies) First
- Molly Foxell (Pembroke, BA Linguistics) 2:1
- Clare Hole (St Catharine's, BA Natural Sciences) 2:1
- Ben Jones (Magdalene, BA Law) 2:1
- Cameron Mackenzie (Caius, MEng) 2:1
- Iris Powell (Churchill, BA Natural Sciences) 2:1
- Beanie Spain (Queens', BA Natural Sciences) 2:1
- Cameron Spiers (Downing, MEng) 2:1
- Beth Taylor (Newnham, MEng) 2:1
- Brett Taylor (Queens', BA Medicine) 2:1
- Sam Taylor (Clare, MSc Natural Sciences) 2:1
- James Trotman (Sidney Sussex, BA Economics) 2:1
- Gianluca Vartan (Homerton, BA Architecture) 2:1
- Nikita Zoglo (BA Natural Sciences) 2:1

Notable Achievements

Clare Hole

(St Catharine's, BA Natural Sciences) – publication (“Equine Behavioural and Physiological Responses to Auditory Stimuli in the Presence and Absence of Noise-Damping Ear Covers,” *Animal*)

Daphne Martin

(Clare, PhD Classics) – two peer-reviewed publications (*Archaeological Review from Cambridge and British School at Athens Archaeological Reports*), co-organised and presented at the Archaeological Institute of America Annual Conference

Lucy Havard

(Caius, PhD History) – published contribution (“Mrs Mary Chantrell (fl. 1690): Book of Receipts (1690-1693); in *Women in the History of Science: A Sourcebook*, ed.)

Katy Hempson

(Christ's, MB Clinical Medicine) – Poster accepted at RCPsych National Conference of General Adult Psychiatry 2023



Year-in-Review, Chief Men's Coach Rob Baker



Winning tight races is the mark of a good team, and these wins are all the sweeter when we know the margins will be tight going into the races. The relief and satisfaction coming off the 2023 Boat Race, therefore, was palpable.

The Goldie race was neck and neck all the way, the guys had to trust in themselves, and the work put in. Bill Lucas did a fantastic job in preparing them and making them believe they could win on the outside of the Surrey bend.

The Blue Boat race was truly epic, the crew took until the week before the race to really perform as we needed. And on the day, with some magic from cox Jasper Parish, the guys managed the race very well. We weren't after records or big margins, just getting over the line first.

The feeling coming off the lightweight men's race was one of satisfaction also, the program we have developed here is really showing its form with their thumping victory over Oxford. Nick Acock has done a fantastic job in leading the lightweights. And their narrow loss to the Princeton lightweights at Henley Royal Regatta this year goes to show that they are a truly competitive university lightweight crew.

As always Donald Leggett was a great support and Marko Banovic (Blue 1995) gave his time in helping me coach this year. We hope to keep this going in the future. Ollie Boyne set new standards in organisation as a President. As a cox it is harder to lead from the front, but Ollie was on top of everything and that made the coaching team's jobs a lot easier. I want to thank him for his service.

Next year we will have many returners from this year's crews. But as we say goodbye, I do want to recognise Ollie Parish and Cameron Spiers, who are real stalwarts of the Club, putting four years of work into the Blue Boat and Goldie. As with many others, both attended St Paul's School with whom we have a valuable connection. With Donald working with the St Paul's programme, we hope that this continues.

It was great to see so many reunion crews at the Club dinner. The 20-year reunions of the Men's Blue Boat and Goldie were a particular pleasure for me, as 2003 was my second race as an assistant coach. To all who came back 20 years later, after the Blue Boat lost by a mere foot, shows the depth of character of these guys and what the CUBC means to them. And to beat Oxford in the reunion sprint was icing on the cake. I spent a lot of the dinner trying to get to the bar (shocking I know) to catch up with so many alumni who had flown in. It was tough to find the time to see all of you, but it was a pleasure. It makes you realise we all belong to an incredible club.

As we look forward, we are beginning to get the fleet of boats back up to the standard we require. After some years of not updating the fleet enough, we are in a much better place. It is paramount that we continue to update the fleet in line with the five-year plan to bring all fleets up to a consistent level. Henry Fieldman has now taken over from George Nash to oversee this process. Ultimately, the better funded the program, the better the fleet, ergs and equipment at Goldie and Ely boathouses will be. And the better coaches we can employ and retain.

I am always trying to think about where we need to be in the future, what we can do to be better, and what the future standard looks like. Boats and equipment are necessary to be at the top, but they do not do the work for you. Ultimately, it's about people, developing the routes for students to row at Cambridge.

I am very grateful for all that everyone is doing to support us, from regular giving to large donations for the endowment. Everything helps and supports those going through what you all went through in the past. Please keep helping as much as you can. Everything you do for the Club helps to put us in a better place and improves the experience for those that come after you.

The chart below shows the makeup of the 2022-23 squad. A full list can be found in Appendix C. Building relationships with existing programmes and developing new talent are key parts of our performance strategy.

	Total (27)	%
Grads who rowed before Cambridge	10	37
Undergrads who rowed before Cambridge	12	44
Grads who learnt to row at Cambridge	4	15
Undergrads who learnt to row at Cambridge	1	4

Year-in-Review, Chief Women's Coach Patrick Ryan



Our vision is to deliver a programme that is simple and straightforward, that balances academic commitments with performance, and focuses on what the female athlete needs to excel and I am proud of the environment we are creating.

Despite quite a large turnover of athletes from the 2021-22 season, all three of our crews were hugely successful this year, led ably by president Caoimhe Dempsey. The athletes developed a great atmosphere and reported positive feedback on the programme culminating in the exceptional results.

A fantastic asset over the last two years was assistant coach Autumn Mantell, who left us at the end of the season. She has been a great joy to work with, focusing on the Blondie crew, spares, and our development squad. I, along with the other coaches, staff, and athletes, cannot thank her enough for her contribution. She moves onto exploring her other passions in Art and Design and has left CUBC the better for her presence. Her replacement is Matilda Horn, Tokyo Olympic W8+ cox. After a smooth handover process, I am very excited to see us continue to develop as a team, and learn from Matilda's experiences.

Our lightweight crew was, once again, incredibly successful. This year they were led by Matthew Griffith, with support from Bronya Sykes (Blue 2020, 21 and 22). Bronya will coach the lightweights in 2023-24 and I am excited to see what she adds.

There were a number of changes and improvements implemented this season, which included seeing the women working with Viktus for our strength and conditioning provision. Viktus, specifically Nicole Elkins, has been a great asset and delivered beyond my expectations. Nicole worked for 12 years with the Team GB women and, in my opinion, has brought variety and a real enjoyment to the S&C sessions for the women.

Physiotec provide our physiotherapy services, with owner Tom Quantrell offering invaluable support to athletes at times of injury. The Club, across all squads, has also engaged Dr Rob Howlett (Men's Lightweight 1981) and Dr Claire Dieth. Dr Dieth's skills extend to nutrition and sports psychology.

From the start of the 2022-23 season we were also equipped with three telemetry systems for the first time. Peach Innovations, based in Cambridge, is a system that is used globally. The system is great for providing instant feedback on a number of areas from physical effort to synchronicity. For me most importantly it provided the ability to educate the athletes on what moves a boat. It is an incredible asset. In the 2023-24 season, we will work with Conny Draper, one of the world's leading biomechanists in rowing, to ensure the staff are well trained to maximise the power of the system.

It was great to be able to travel again for this year's winter training camp, and to have both the men and women in the same location was a great opportunity for the athletes to integrate. I want to thank Robin Williams for the guest coaching he provided at this year's camp. His kind and knowledgeable manner added great value and a different perspective. I hope we are able to work with him again.

In line with the five-year plan to bring all fleets up to a consistent level, the fleet continues to balance out. With incoming purchases in 2023-24 we will have equal numbers of seats with the men's squad. There is still some work to do to equal out the age of the fleet, but we are making progress. My personal preference is for the women's squad to use Filippis and that means we are able to purchase more for much less than purchasing Empachers. With the savings, this year we purchased two Filippi singles. These were important purchases as our Team GB trialists in the winter term need to trial in singles. Now with four hulls we can generate competition in that area, which gives us more opportunities to develop athletes.

Ultimately, the rapid progress being made across the women's squad is down to the support you provide. I want to thank everyone who is participating. From large gifts to small ones, your investment is allowing every athlete to reach their full potential. You are enabling our success on the water, but also providing a formative experience that will have an impact beyond each athlete's rowing career. Our athletes continue to pursue interesting and important academic work and it is our goal that, in rowing for Cambridge, we enhance their student experience.

Developing new talent is an integral part of our performance strategy, and this process is led by our assistant coach. In addition to further developing the skills of those with rowing backgrounds, we are also committed to developing the talent of our trialists. Those who learned to row at Cambridge were represented in the Blondie and Lightweight crews this year. A full list can be found in Appendix C.

	Total (33)	%
Grads who rowed before Cambridge:	13	39%
Undergrads who rowed before Cambridge:	7	21%
Grads who learnt to row at Cambridge:	5	15%
Undergrads who learnt to row at Cambridge:	8	25%



Year-in-Review, Men's Assistant Coach, Bill Lucas

This season was my second with CUBC. After a very rewarding but ultimately unsuccessful 2022 campaign, the objective was clear.

The makeup of the 2023 squad was very different to that of the previous year, without superstars fresh from an Olympic Games. The 2023 group was much younger and less experienced. They came with a strong influence from the previous year's development squad and from the victorious 2022 lightweight crew. Two of last year's lightweights went on to race in Goldie and one in the Blue Boat. What was clear from the outset was that the fire burned just as bright.

The racing season kicked off with Fours Head which, in hindsight, really set the tone for the rest of the campaign. As the results came through two things became clear, firstly that we were a touch ahead of Oxford, albeit with Oxford having a few last-minute subs onboard. Secondly, the margins were very close.

Fours Head was closely followed by Trial Vllls, which was an enthralling race, overlapping the whole way, momentum changing hands continuously down the track, and tenacious sparring throughout. It was great to see the squad delivering to such a level.

The Goldie v Isis race went almost exactly as expected, two well-matched crews fighting the whole way with small margins being the difference. On the Middlesex station, the breakaway was planned for the minute going into Barnes Bridge and the minute coming out of it. But a plan like that dictates that the guys would need to do a lot of racing and absorb a lot of pressure before the race unfolds. No doubt the athletes took confidence from the battle during Trial Vllls. And so it went, the two reserve crews came past the bandstand bow ball to bow ball before the guys in gold made their move.

Whilst the Blue Boat will see the majority returning, Goldie will be saying goodbye to some stalwarts of the crew. Four of the guys are moving on. Ollie Boyne, Cameron Spiers, Reef Boericke and George Hawkswell have 10 Goldie races between them and played a huge part in this year's success. It has been great working alongside them over the last two seasons and I wish them well as they begin their careers!

Outside of the Boat Race campaign, the development squad has run across all three terms again, with the group joining our main squad to race at BUCS. The guys raced very well, but just missed a medal, finishing in fourth place in the novice 4+. That crew and many others from this year's development squad have signed up to trial for the 2023-24 campaign, and it is great to see that the traditional pathway from college rowing to CUBC is still very much there.

Thank you for your investment in this year's programme. We feel the support of alumni, parents, and friends and we will continue to do everything we can to take CUBC forward.



Year-in-Review, Women's Assistant Coach, Autumn Mantell

This season was very special to be a part of from the outset. With a team including many fresh faces, the squad did a fantastic job of building a close-knit and high-performing team.

As coach of Blondie and the spares, I was especially blown away with this group's attitudes off the water. They maintained a positive and competitive environment, which allowed us to focus on producing the fastest possible crews overall. Everybody bought into the team spirit and that definitely contributed to our incredible set of results this year.

After a breathtaking performance in the Blondie v Osiris race, our crew extended their dominance to seven wins in a row thanks to a three-length margin. The season highlight of course has to be the CUBC clean sweep.

2023 saw some excellent examples of development across the women's team. This was demonstrated by the 2022 development squad's great representation in the 2023 racing crews. Five athletes raced in the victorious lightweight crew, four raced in Blondie and four were spares. We also saw two lightweights, Gemma King and Rosa Millard, from the winning 2022 crew, racing in the 2023 Blondie and Blue Boat crews. Many of these athletes will also be returning next year, which is exciting for the team. The newcomers will benefit greatly from the knowledge and experience they have gained throughout this season. I am looking forward to seeing how this year's development squad continues this legacy. They have so far shown great promise on the ergs and at Molesey Regatta.

I will never forget the incredible time that I have had in my two years with CUBC. I leave with so many fond memories. I was very fortunate to have been welcomed with such open arms into this amazing club and will of course always continue to be a light blue supporter.

I could not be leaving this role in better hands than those of Matilda Horn. I know that she will do an incredible job at coaching the CUBC women to further success and cannot wait to support from the sidelines whenever I get the chance!

Thank you all for your support and encouragement this year. The women's programme is rapidly progressing and our success is down to your investment. Oxford will no doubt be hungry as they prepare for next year's campaign, but our unique training environment will stand us in good stead to continue our forward momentum. Please continue to support the crews in any way you can.



Messages of thanks from the outgoing Presidents

Ollie Boyne | Men | Downing

It has been the honour of a lifetime to lead the CUBC men this season. Our world-class coaching team of Rob Baker and Bill Lucas have pushed the limits of what we are able to achieve every step of the way. We have gone from strength to strength this season, with a successful set of wins over Oxford across the board at Fours Head; an incredibly tight and exciting Trial Vllls race; a tough but invaluable set of fixtures, and finally a full set of victories winning this year's Boat Race, Goldie v. Isis race, and the spare pair. Congratulations to the women, lightweight men, and lightweight women on their results too.

This year might just have been one of the most epic Goldie v. Isis races of all time. The result speaks for itself, this crew constantly pushed the standards of their own rowing and of the Blue Boat. To the Blue Boat, what. a. race. Relentless, unforgiving, and committed. You did everything that was asked of you and then some.

It has also been great to have the lightweight men in the fold, training with us for the last few years. I truly hope to see this corridor between the squads grow, it clearly elevates both squads to new heights.

In the weeks before the race we thought a lot about the anniversaries taking place this year. We poured over the racing tactics that appeared in the famous 2003 race, heard from those in 1993, were visited by the 1973 Blue Boat on their 50th anniversary and we even had warm wishes from four of the 1953 Blue Boat on their 70th anniversary. These reminders of what has come before make the race today what it is. That we come together each year to celebrate what CUBC was, is, and will be is truly something special.

On behalf of the men, I would like to thank you for your generosity in donating to the Club this year. All gifts received are invaluable to our mission of beating Oxford. Without the continued support of you and others, CUBC would not be what it is today. From the state-of-the-art equipment, to world class coaches and facilities, we are equipped to maintain our standards of high performance rowing - and that is all down to you.

Having been a part of this special Club for four years, I have seen the rich history of the Boat Races, met alumni and supporters as invested in each year as the athletes themselves, and made friends for life.

I hope to come visit the Club in 10 years' time on a bleak, cold, 5:45 morning with the staple Ely wind roaring down the straight and still hear the yelling of a Goldie bowman who's just out there having a good time. I can't wait to see what's next for this Club.

P to M,

Ollie Boyne

Harry Fieldhouse | Lightweight Men | St John's

Thank you very much for your generous donation to the Club this year. It is only with your support that the great facilities and coaching which we enjoy here are possible, and these contribute hugely to the experience and atmosphere of the Club. In the lightweight men's squad we had enthusiasm for another successful season this year after overturning a losing streak in 2022.

It was an honour to lead the squad in what felt like the culmination of the inspiring experience I have had with CUBC seeing groups of athletes come together again and again with the help of the coaching and the program to form cohesive crews. Securing back-to-back victories this year made this even more special. From myself and the whole team, thank you so much for contributing to this.

All the best,

Harry Fieldhouse



Ollie



Harry



Caoimhe



Daphne

Caoimhe Dempsey | Women | Newnham

This year we returned to the Tideway with the momentum of a successful 2022 season and a new Boat Race record.

There were many new faces at the beginning of the season. We had a big job ahead of us, to build our team culture, make physiological and technical progress, and give our athletes the necessary experience and confidence to win the Boat Race.



As the only returning Blue on the team, I felt the responsibility to share my experience to the group. However, over the season, I came to realise just how much these women are able to teach me and what they bring to the group. Athletes joining at all levels within the squad injected new competition that drove everyone to reach new levels in training.

With victories across the board, for our Blue Boat, Blondie crew, and our lightweight women, we are enjoying reaping the rewards of the hard work we have put in since September. The crews built confidence every day. I'm proud of every Cambridge woman who lined up on the start line. They are all a part of the rich history of this race. And congratulations to our men and lightweight men for their outstanding results also.

I want to thank Paddy Ryan and Autumn Mantell for their leadership and guidance this season. And I'd like to thank you for your generosity in supporting CUBC. It means so much to us, the athletes, to have the support from generations past. I am very proud to be a part of this squad. What makes this experience so special is the connection we feel with past Boat Race athletes. This year we were visited by the 1973 Women's Blue Boat celebrating their 50th reunion and received warm wishes from many crews, including the winning 2018 squad. Knowing how much our alumni and friends care about this Club, believe in us, and want to help us succeed makes me so proud to have led the squad this year. Throughout the year, I worked to build the legacy of this Club that you have built for us all.

I'm looking forward to sharing in our Club's future success.

Thank you,

Caoimhe Dempsey

Daphne Martin | Lightweight Women | Clare

On behalf of the CUBC lightweight women, I would like to thank you for your incredibly generous support this year. Donations such as yours make it possible for us, as a united Club, to continue to train in our world-class facilities and dedicate ourselves wholeheartedly to our rowing goals, knowing that we have the weight of former Cambridge rowers behind us. Personally, I cannot emphasise enough how proud I felt to represent a Club dedicated to offering its athletes the opportunity to push ourselves to our limits, and grow into a close-knit family in the process. This culminated in the crew extending the streak to four victories in a row this March.

Your donations will ensure this remains the case for generations to come.

Yours sincerely,

Daphne Martin



Meet the new Presidents



Seb Benzecry | Men | Jesus

Seb learnt to row on the Tideway at St Paul's in 2011, graduating in 2016. He rowed at Princeton University as an undergraduate, before beginning his master's at Cambridge in 2020. He was part of the winning 2021 Blue Boat, stroked Goldie in 2022, and won again in the 2023 Blue Boat. He is now working toward a PhD in Film and Screen Studies. Going into his 4th year at CUBC and his 14th year in the sport, Seb is one of the most experienced people on the team. He aims to use his experience to lead the CUBC openweight men in the 2024 Boat Race campaign.



Jenna Armstrong | Women | Jesus

Jenna Armstrong grew up in Florham Park, New Jersey, USA. She learned to row at Bates College on the Androscoggin River in Maine, USA in 2011 after a decade of competitive alpine ski racing. After winning the Division III NCAA Championships in 2015, Jenna went on to medical school at Duke University School of Medicine in Durham, North Carolina, USA. She came to Cambridge in 2020 for a PhD in Physiology. Since then, she has rowed in two winning crews for CUBC, Blondie in 2022 and the Blue Boat in 2023. Jenna is ready to lead her crews into 2024, looking to extend the Blue Boat's six-year streak and Blondie's seventh.



Ben Jones | Lightweight Men | Magdalene

Ben learnt to row at Magdalene Boat Club in his first year at Cambridge, after swimming at a national level in his youth. He also participated in the CUBC Development Squad throughout his first year, gaining a valuable insight into the CUBC programme. Going into his second year as a law undergraduate, Ben joined the CUBC lightweight squad and went on to sit in the seven seat, winning the 2023 Lightweight Boat Race. He now returns as Lightweight Men's President and is keen to continue to build on the success of recent years.



Lauren Britten | Lightweight Women | Magdalene

Lauren also began rowing at Magdalene Boat Club as a first year undergrad, studying Veterinary Medicine. She was elected women's captain at MBC in her third year, whilst intercalating in history of art (BA). She first joined CUBC as part of our Development Squad in 2022, racing at BUCS. Lauren then trialled with the lightweight squad for the 2022-23 season, winning the Lightweight Boat Race as part of the 2023 clean sweep. She aims to extend her crew's four-year winning streak.

The CUBC Foundation



Summary of Giving & Impact

£402,470

in total income to The CUBC Foundation (Pulling Together Fund + return on investment from the endowment)

385 donors

including members, parents and supporters

1,897 gifts

Thanks to the many donors that signed up for recurring gifts, we received more than 1,800 gifts over the course of the year

11 countries

We received gifts from 11 countries across 58 crew years

18% made a gift in 2022-23

Of the alumni, parents, and supporters we have permission to contact, 18% made a gift in 2022-23, up from 16% the previous year. This is in line with collegiate Oxbridge averages*

*Source: More Partnerships (Oxbridge colleges average 17% participation per year)

In March 2023, we successfully completed the second annual Pulling Together 'month of giving' with students, parents, and alumni getting involved. Congratulations to the 2018 crews who topped our participation leaderboard. And a special thank you to the crews from 1980-89 who led the way in funds raised.

The Pulling Together Fund (Regular Giving) 2022-23: £305,257

Every gift, large or small, helped sustain our world-class programme. This year £305,257 was donated to the Pulling Together Fund, up from £181,464 the previous year, the entirety of which supported current student-athletes. Most gifts in this total are inclusive of gift aid, although we are still submitting claims for some gifts. Of the total raised, £84,000 came from a single gift.

The CUBC Rowing Charitable Fund (Endowment)

Donations received to date: **£3,172,708 in aggregate**

Gifts in this total are inclusive of gift aid, although we are still submitting claims for some gifts.

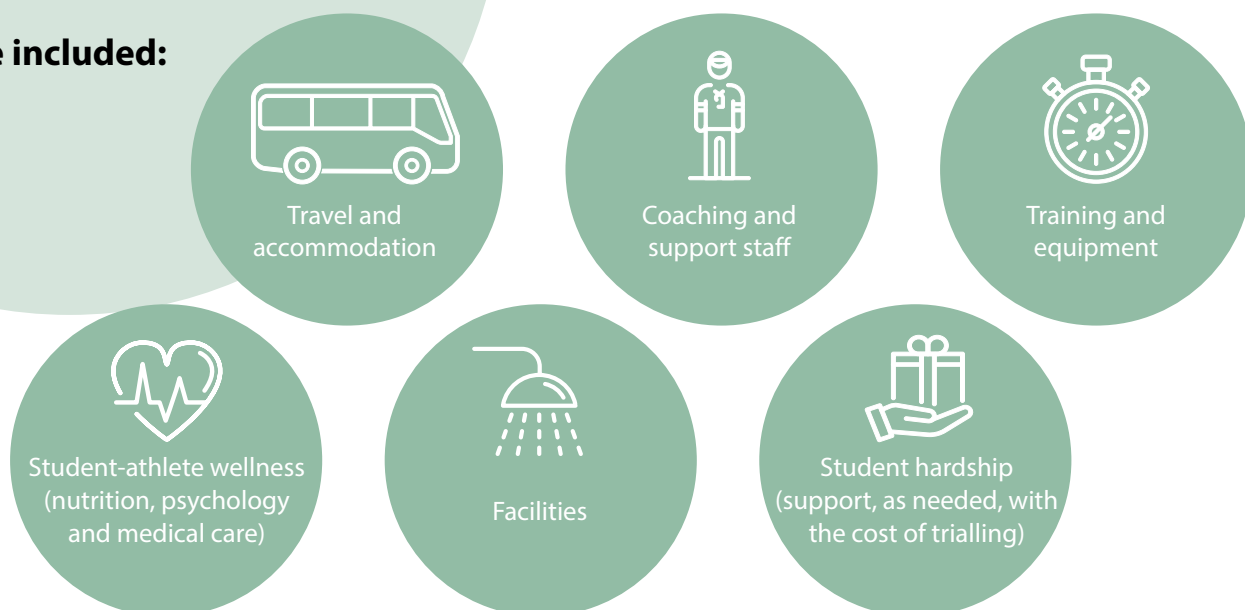
Donations received in 2022-23: **£475,000 in aggregate**

Return on investment in 2022-23: **£97,213 in aggregate**

The endowment's capital is protected, with only the investment income available to be used for the benefit of CUBC. Funds are invested in the Cambridge University Endowment Fund (CUEF). 2022-23 was the first year with a yield from the endowment.

In 2022-23 gifts to the Pulling Together Fund and the income from the endowment funded the same priorities.

These included:



Travel and accommodation. Every year, we rely on, and are incredibly grateful for, those who host our student-athletes. Even with that support, travel and accommodation are still expensive. Your gifts funded athlete transportation to and from Ely, Henley, and other regattas, and to London for Tideway weekends, as well as accommodation at many of these events. You also subsidised the annual winter camp, with students contributing a small portion of the cost.

Coaching and support staff. Exceptional coaching is crucial to winning Boat Races. We produce some of the best rowers in the world and our coaches also help develop valuable life skills such as collaboration, resilience, teamwork, perseverance, and discipline. Our current coaches continue to raise the standard, having delivered at the U23, Senior, and Olympic levels. We're also identifying and developing new coaching talent to further strengthen the programmes.

Training and equipment. In accordance with our status as a world-class programme we must provide our athletes with the tools to succeed. We are committed to improving the standards of equipment and have developed a five-year plan to bring all fleets up to a consistent level. Your gifts also supported the purchase of items like new ergs, telemetry systems, gym equipment, and performance testing technology.

In 2022-23 gifts helped provide the following elite-standard boats to support both squads. Alongside the Boat Race, these were used as our students competed in other regattas and as they trialed for their respective national teams.

1 Women's Filippi Eight

2 Men's Empacher Coxed Fours

1 Women's Filippi Coxless Four

2 Filippi Women's Singles

1 Lightweight Men's Coxed Four

1 Lightweight Women's Coxed Four

Facilities. Maintaining excellence on the water requires a top-class training environment. Ensuring the Ely and Goldie Boathouses remain up to scratch means your gifts were used for their maintenance and improvement.

Student-athlete wellness. Our rowers also benefit from the latest research in physiology, osteology, nutrition, and sports psychology thanks to a dedicated team of professionals. Your investment in this area allowed us to protect and support the mental health and physical wellbeing of student-athletes.

Student hardship. Many of our students receive subsidies from their colleges to help cover some or all of the costs of student subscriptions. Where that support didn't exist, or where there was a gap, the Club worked with students facing financial hardship to ensure that cost was not a barrier to trialling. This reinforced our emphasis on equal access.

Club Governance Structure

Cambridge University Boat Club
Club Chair
(Annamarie Phelps)

The CUBC Foundation
Chair of the Foundation
(Nick Bliss)

CUBC Rowing and
Management Board
(operational aspects of the Club)
Chair of the RMB (Simon Harris)



CUBC Foundation Council

- **Nick Bliss** (Goldie 1981, Blue Boat 1982)
- **Annamarie Phelps**, Club Chair (Blondie 1987)
- **Tom Amies**, Treasurer (Goldie 1991)
- **Sarah-Kate Roberts**, Head of Philanthropy and Communications
- **Professor Paul Luzio**, Senior Member

Life members:

- **Mark Horton** (Blue Boat 1977, 78)
- **Dr. Kate Panter** (Blue Boat 1982, 83, 84)
- **Paul Withers** (Goldie 1978)

Student Directors:

- **Ollie Boyne**, Men's President 2022-23 (Goldie 2021, 22, 23)
- **Caoimhe Dempsey**, Women's President 2022-23 (Blue Boat 2020, 21, 22, 23)
- **Cameron Spiers**, Club Secretary 2022-23 (Goldie 2021, 22, 23)

CUBC Rowing Charitable Fund (Endowment) Trustees

- **Nick Bliss** (Goldie 1981, Blue Boat 1982)
- **Mark Sorrell** (Blue Boat 1992, Goldie 1993, 94)
- **Sarah Winckless** (Blue Boat 1995, 96, 97)

Report from the CUBC Foundation Chair, Nick Bliss



2023 stands as an unforgettable chapter in CUBC history. Both our success on the water and our progress behind the scenes are worthy of celebration. I believe the Foundation and the Club made great progress during the past year, steering us towards a more sustainable financial future.

The following report provides an overview of the streams of income available to the CUBC Foundation and the Club. I would like to personally thank each of you for the support you have shown the Club over the last year. Your investment and involvement are sincerely appreciated.

In last year's report I described the structure and purpose of the Foundation. I would like to re-emphasise that the Foundation's mission is to think long term about the ongoing financial sustainability of CUBC, and to ensure the Club is in a financial position to deliver successful Boat Race crews and a world-class rowing experience for our student-athletes.

2022-23 saw progress in three major areas:

- Significant growth of our regular giving programme, the Pulling Together Fund
- A return on investment from The CUBC Rowing Charitable Fund (the endowment), for the first time
- No net diminution of financial resources at the Foundation (in contrast to recent years)

Our income from the CUBC RCF and donations to the Pulling Together Fund aggregated to **£402,470**, a significant step forward in our fundraising efforts which began 18 months ago. Of this income, we distributed £306,000 to the Club in support of the six funding priorities.

As I have shared with you previously, the costs of delivering one of London's iconic sporting and cultural events, which draws a crowd of 250,000 spectators, have increased significantly over the last 20 years. This escalation in costs suffered by BRCL has led to a reduction of income for the Club. It remains clear that although the Boat Races will still attract commercial sponsorship, it is unlikely that sponsorship will ever again yield sufficient funding for both Oxford and Cambridge to deliver crews of the highest quality to the stake boats on Boat Race day and Lightweight Boat Race day. Our two fundraising programmes – the endowment and regular giving – are dedicated to ensuring that the Boat Races continue to provide competition at the highest level in perpetuity. Our ultimate aim is to achieve this sustainability without relying on commercial sponsorship.

After taking into account the various costs of fundraising and the obligation of the Club to service the University's construction loan for Ely Boathouse - currently a sum of just over £500,000 remains outstanding - what remains of this year's surplus will be applied to the Foundation's reserves, which have been denuded in recent years. This focus on reserving any such surplus is a strategic move towards ensuring that the Foundation will have the financial strength to support the Club during challenging periods in the future.

This year we also improved the ways we thank and report to our donors and supporters. Over the course of the year we held several events centred around Trial Vllls, the Boat Races, and Henley Royal Regatta, all with the purpose of expressing our appreciation and gratitude. It is great to see and meet you at these events, as they represent not only a small thank you from your Club, but are also critical in nurturing the vitality of the Club. We encourage you to continue to attend future events when you can; you are always welcome. It is our firm belief that the Club lives and thrives through its members. We also hope you have received your annual donor lapel pin as a small token of our appreciation for your support.

As we look towards the forthcoming year, we will continue to nurture donor relationships in new ways, including the adoption of new donor recognition levels. Sarah-Kate Roberts, our Head of Philanthropy and Communications, and her team will highlight these events and new initiatives in our various communications.

During 2023-24, the Club must also continue to improve and invest to match Oxford and, of course, other rowing programmes both domestically and internationally with whom we compete. Our coaches and Rowing and Management Board have formulated investment plans aimed at improving the CUBC programme, its equipment, and its facilities. With your continued involvement, we aim to build on the stellar Boat Race results of 2023, and endeavour to consistently invest and improve year after year.

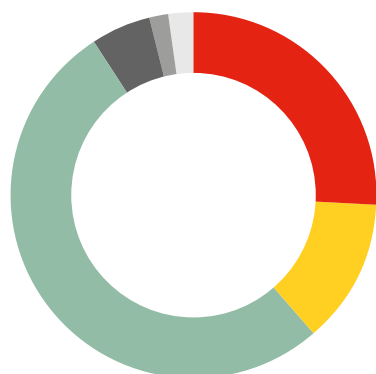
Below you will find 'Significant Financial Facts' which show the Club's various income sources. This breakdown illustrates how we calculate the funding required from the Foundation.

Finally, many, many thanks for your support of the Club; let's hope that 2024 proves to be as exceptional as 2023.

Nick Bliss

CUBC Foundation Chair

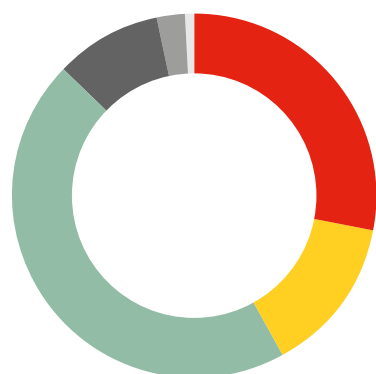
Significant Financial Facts - Income



Income 2022-23

- Sponsorship from BRCL: £200,000
- University Contribution: £100,000
- Donations (endowment income and regular giving): £402,470
- Student Contributions: £65,140
- Hire of Facilities/Equipment: £12,550
- Licensing/Merchandise/Kit Sales/Misc : £16,000

Total £796,160



Projected Income 2023-24

- Sponsorship from BRCL: £200,000
- University Contribution: £100,000
- Donations (endowment income and regular giving)*: £321,300
- Student Contributions: £68,000
- Hire of Facilities/Equipment: £17,000
- Licensing/Merchandise/Kit Sales/Misc : £5,000

Total £711,300

*Conservative projection



Sources of Distributions to CUBC from the Foundation 2022-23

- CUBC RCF (endowment): £89,500
- Pulling Together Fund: £216,500

Total: £306,000

There was no net diminution of financial resources at the Foundation in 2022-23. Of the £402,470 raised £306,000 was distributed to the Club.



Projected Funding to be provided to CUBC from the Foundation during 2023-24

- CUBC RCF (endowment): £100,000
- Pulling Together Fund (conservation projection): £221,300
- Realisation of investments and from cash at bank*: £114,000

Total: £435,000

*Following the receipt of an addition £53,000 from BRCL for the 2023 Boat Race and £32,000 for attending the Head of Shanghai River Regatta, the realisation is now more likely to be £29,000.

The objective is to continue to raise sufficient funding from the following sources:

- For a period of 10 years starting in 2020-21, reimbursement from the University of up to £100,000 per annum for CUBC's insurance and facilities costs.
- An on-going regular giving programme, The Pulling Together Fund.
- The income from an endowment held by The CUBC Rowing Charitable Fund. We've set a long-term target of £20 million for the endowment which, at least initially, will be invested in the Cambridge University Endowment Fund. This mirrors the ambition of the £20 million Topolski Fund established by the Oxford boat clubs.
- On-going commercial sponsorship delivered via BRCL (The Boat Race Company Limited) and other sponsors of the lightweight crews and the Club, generally.

A financial snapshot of the Foundation at its year end, 31 July 2023

As of 31 July 2023, The CUBC Foundation's cash and investments stand at approximately £1.2 million (£579,000 in The COIF Charities Investment Fund, £310,000 with The Cambridge University Endowment Fund and cash at bank of £312,000).

A financial snapshot of The CUBC Rowing Charitable Fund (the endowment) at its year end, 31 July 2023

Starting in March 2022 through June 2023 approximately £3.17 million has been invested by The CUBC Rowing Charitable Fund in the Cambridge University Endowment Fund (CUEF) and this year the Club received £89,500 from The CUBC Rowing Charitable Fund.



Messages from Committee Chairs

Charlie Green | Chair, Alumni Engagement Committee

"I decided to support CUBC through the Pulling Together initiative with a regular monthly gift as a way of expressing my gratitude for all the positive experiences I gained from rowing for CUBC and to put something back to support the current and future student-athletes. The recent unification of the Club, the parity this now affords all the athletes and rowing programmes, the new governance structures and the greatly increased transparency of the Club's finances were all fundamental to my willingness and my decision to start giving.

I would guess that like the majority of alumni, I am not in a position to make a major gift to the CUBC Rowing Charitable Fund, but I am in a position to make regular monthly donations to support the Club financially as well as volunteering some of my time to the Club. I have really enjoyed re-engaging with the alumni community through donor events and volunteering my time and I am delighted that "success" for the Pulling Together initiative is being measured by the number of alumni, supporters and parents making a regular gift, not the absolute amount received by the Club. A huge thank you to everyone who is already making regular gifts or volunteering time and if you're not, please consider joining us and by pulling together we can give the current and future student-athletes the best experience and the best opportunity to win every Boat Race, every year."

Stephen Peel | Co-Chair, Endowment Committee

"The CUBC Rowing Charitable Fund is the CUBC's endowment that aims to build a sum of some £20 million to ensure that Cambridge has the financial resources to boat competitive Boat Race crews in perpetuity and the legacy of student-athletes at the university can be continued into the next century and beyond. A dedicated group of donors have generously pledged sums that take us to around 25% of our long-term target. As co-chair of the endowment campaign, I am hugely grateful to those who contributed to date, and welcome interest from anyone who might be able to help us meet our next milestones, either via an immediate gift or a future commitment including through their will. I am also appreciative of the support the university is showing to this effort via the involvement of the team from its development office.

My own rationale for support is clear - I am passionate about ensuring that the Boat Race as an institution, and competitive Cambridge rowing as an activity that develops resilient, determined, and disciplined student-athletes, should carry forth the legacy of which we are all a part, into the centuries to come."

2022-23 Alumni Engagement Committee Members

- Charlie Green** Chair
(Goldie 1986)
- David Cassidy**
(Blue Boat 1997, Goldie 1996, 98)
- Siobhan Cassidy**
(Blue Boat 1995)
- Alison 'Palo' Gledhill**
(Blondie 1992)
- Howard Jacobs**
(Goldie 1972, Blue Boat 1973, 74)
- Dale Jennings**
(Lwt 1977, 79, 80)
- Nate Kirk**
(Blue Boat 2004, Goldie 2003)
- Stephen Peel**
(Blue Boat 1985, 86, 87)
- Larkin Sayre**
(Blue Boat 2019, 20, Blondie 2018)

2022-23 CUBC Rowing Charitable Endowment Fund Committee Members

- Stephen Peel** Co-Chair
(Blue Boat 1985, 86, 87)
- David Tait** Co-Chair
(Lwt 1998, 99)
- Sarah Winckless** Co-Chair
(Blue Boat 1995, 96, 97)

The Club



Report from Rowing and Management Board Chair, Simon Harris



The Rowing and Management Board is the focus for decision making and for sharing information, bringing together our student leaders, staff and alumni. We meet twice each term with subcommittees for Safety, Performance, Student Experience, Talent ID and Alumni Engagement facilitating more detailed work and discussion. In the three years since we came together as a single club, we have continued to refine our working arrangements and to move the Club forward.

The 2023 Boat Races will go down in history as the the third six-boat clean sweep for the Cambridge crews, winning all of the races against Oxford. Even our masters and reunion crews came to the party with wins of their own. I congratulate all of the athletes, our coaching team and the administrators who keep this Club running. Our dinner following the Boat Races was a riotous, joyous celebration of all that everyone achieved and I am grateful for the work that Sarah Shipton, James Witter and the dinner team put in to make the evening so special.

In May we initiated a three-year review of the operation of the Club looking across the full range of our activities as we look to continue to build on our recent performances. The results against Oxford over the past three years have been remarkable, losing only three out of eighteen races. This could not have been achieved without a strong Club spirit and identity. By most measures we have achieved our objectives yet we need to continue to develop. So, whilst we celebrate our successes, we must strive for improvement.

Initiatives for the 2023-24 year include the following:

- The creation of a young alumni committee to assist in the transition from student to alumnus, and to engage a wider network of alumni;
- closer engagement with the student secretaries and the development of these roles;
- engagement and coordination with parents;
- coordination of all volunteers; and,
- succession planning.

All of the above are aimed at ensuring that we sustain a world-leading university rowing programme and make Cambridge the destination of choice for the brightest and best student rowers and coxswains.

With the latest boat purchases for the 2024 season, we have brought the fleets for our squads into a much better balance. In line with our agreed boat replacement policy, we will continually update the fleet and benefit from selling second-hand equipment at attractive prices. As outlined on page 28, our racing eights are already aligned with this policy which means that our crews will race in eights which are a maximum of six years old. Within a few years none of the fours will be older than eight years and the pairs will be no older than ten years. We also now have new single sculls to support women who seek selection for their national teams. In 2023-24 we will replace two of the coaching launches at Ely, improving the safety and coaching of our students. We also have plans to acquire additional telemetry equipment and replace the hard-worked ergometers.

None of this would be possible without the continuing support and commitment of our staff, volunteers, alumni, parents, the University and others. I would like to thank all members of the RMB for their support and input over the past year, as well as everyone who has supported the club financially. And, finally, If you are not already engaged and feel able to give some of your time to help to move the Club forward, please do get in touch.

Simon Harris

Chair, Rowing and Management Board



2022-23 Rowing and Management Board

Simon Harris, Chair (Blue Boat 1982, 83)

Annamarie Phelps, Club Chair (Blondie 1987)

Stephen Wyborn, Treasurer

Senior Members

- **Dr. Morag Hunter** (Blondie 1992, Blue Boat 1993)
- **Dr. Judith Bunbury** (Senior Tutor, St. Edmund's College)
- **Tony Reynolds**, Safety Adviser (Blue Boat 1984)

Roger Mosey, Vice-Chancellor's Nominee
(Master of Selwyn)

Co-opted members:

- **Rob Baker** (Chief Coach, Men)
- **Fiona McAnena** (Lwt 1985)
- **Henry Fieldman** (Blue Boat 2013)
- **Gerard Kuenning** (Goldie 2018, 19)
- **Toby Parnell** (Lwt 2009)
- **Brian Potterill** (Lwt 1988, 89)
- **Patrick Ryan** (Chief Coach, Women)
- **Fay Sandford** (Blue Boat 2011, 12, 13)

Student Directors:

- **Ollie Boyne**, Men's President 2022-23
(Goldie 2021, 22, 23)
- **Caoimhe Dempsey**, Women's President 2022-23
(Blue Boat 2020, 21, 22, 23)
- **Felix Craig McFeely**, Club Secretary 2022-23 (Lwt 2022)

Significant Financial Facts - Expenditure

Total Club Costs*

2022-23 Spend £899,700

2023-24 Budget £846,000

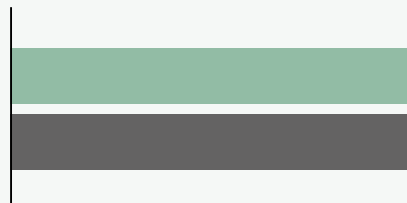
*Costs include both CUBC and CUBL (the Ely Boathouse).



Operational Costs

● 2022-23 Spend £722,200

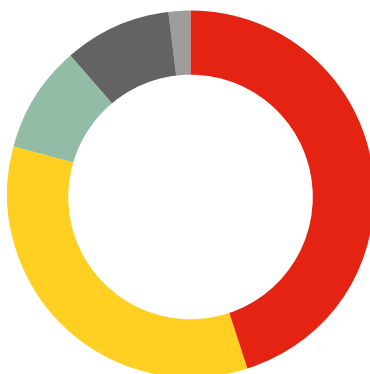
● 2023-24 Budget £721,000



Operational Costs Breakdown 2022-23

- Shared rowing, property and running costs £340,000
- Fixed rowing costs £238,200
- Women's squad £63,500
- Men's squad £65,500
- Interest on loan from University for Ely Boathouse £15,000

Total £722,200



Operational Budget Breakdown 2023-24

- Shared rowing, property and running costs £325,000
- Fixed rowing costs £247,000
- Women's squad £68,000
- Men's squad £68,000
- Interest on loan from University for Ely Boathouse £13,000

Total £721,000

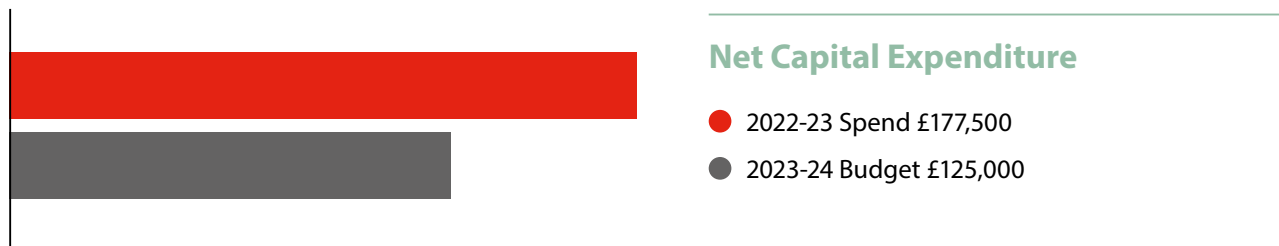
We break down operating costs into five areas; central Club costs, fixed rowing costs, costs for the two squads - men and women, and the interest on loan from the University for the Ely Boathouse. Inflation and the ongoing cost of living crisis has resulted in some fixed costs increasing in recent years.

Shared rowing, property and running costs. We continue to achieve efficiencies post-unification by managing costs centrally, such as those related to administration, transport, insurance, and training. While the University supports facilities costs for Goldie Boathouse, a portion of our central costs are also allocated to maintain our facilities, including, of course, Ely Boathouse. Central costs also include expenses such as hiring London boathouses during fixtures and Tideway week and other costs associated with the Boat Race and Lightweight Boat Races.

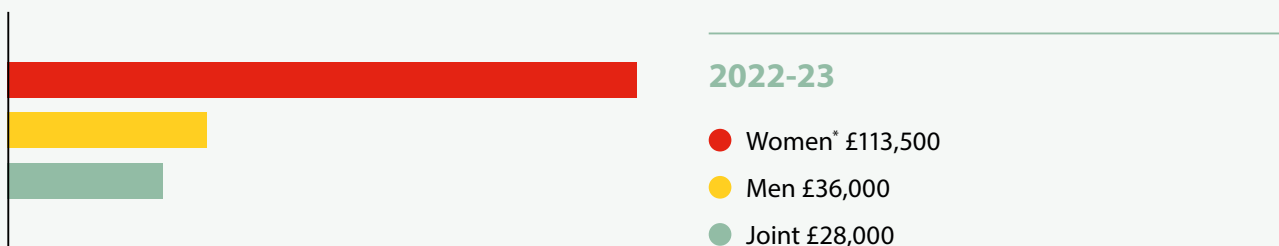
Fixed rowing costs, including coaching. The approach to the coaching team in each squad is the same. We continue to review these costs to ensure parity, consistency and quality, and will do so on an ongoing basis.

Squad costs. The budget for men and women is exactly the same – £68,000 per year. This covers costs such as physiotherapy, strength and conditioning, guest coaches, training camps, student-athlete wellness (nutrition, psychology, medical care), and accommodation.

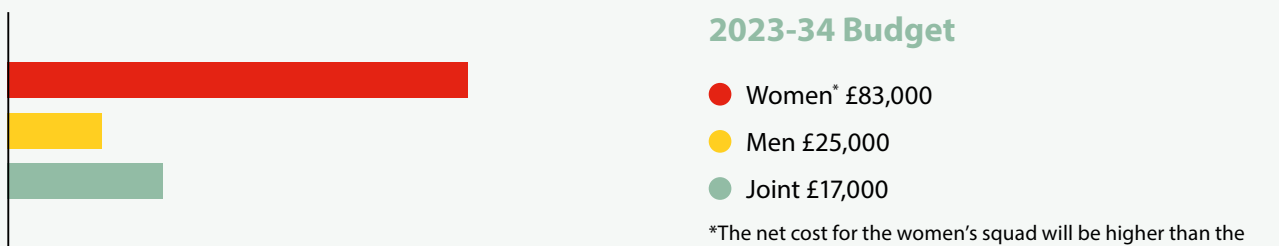
In 2022-23 the men’s and women’s crews were invited to race in Croatia and this was supported and funded by the organisers of the event. The women’s squad was also invited to race in Highpoint, North Carolina, USA and this was supported and funded by the organisers of the event. The regatta unfortunately had to be called off at the last minute due to inclement weather.



Net Capital Expenditure Breakdown



*The net cost for the women’s squad was higher than the men’s as the men’s squad had more equipment to sell.



*The net cost for the women’s squad will be higher than the men’s as the men’s squad has more equipment to sell.



We are committed to improving the standards of the Club's equipment. The performance team, along with the coaches and presidents, have developed a five-year plan to bring all fleets up to a consistent standard. Historic investment across both squads has resulted in a wide range of boats and equipment of differing ages and standards. To improve parity, in 2022-23 we invested heavily in the women's fleet. When we reach consistency across the fleet there will be a reduction in the annual capital expenditure.

Moving forward, our strategy is to:

1. Ensure that crews racing in the Boat Races and Lightweight Boat Races are equipped with eights which are no older than six years.
2. Keep all new fours in the Club for eight years.
3. Keep all new pairs, ergs, and stationary bicycles in the Club for ten years.

This means that:

- Each open weight eight does three Boat Races and then three Goldie/ Blondie races before being used for the development squad or being sold.
- Each lightweight boat does six races before being sold.
- For each squad, we will therefore aim to buy: one open weight eight every three years, one lightweight eight every six years, two fours every two years and two pairs every two years.

Assets 2022-23

CUBC Fleet at 31 July 2023

Squad	Eight	Coxed Four	Coxless Four	Pair	Singles
Open Men	3	4	2	7	1
Open Women	3	4	2	8	5
Lightweight Men	1	2	1	4	1
Lightweight Women	1	2	1	-	-
Total	8	12	6	19	7

Full equipment inventory can be found in Appendix B.

2022-23 Acknowledgment of Donors

The CUBC Rowing Charitable Fund

The members of our community listed below represent donors to the Club's endowment. Their philanthropic leadership and investment in the Club's mission and values are deeply appreciated.

Professor Malcolm Baker OLY (Men's Blue Boat 1993) and **Dr Christina Wood Baker**

Mr Sam Brooks (Men's Blue Boat 2002)

Mr David Cassidy (Goldie 1996, 1998, Men's Blue Boat 1997) and **Dr Hilary Cassidy**

Mrs Siobhan Cassidy (Women's Blue Boat 1995) and **Mr Adrian Cassidy (CUBC Coach)**

Mr Jim Garman (Men's Blue Boat 1987, 1988, 1989) and **Mrs Alys Garman**

Mr Stephen Peel OLY (Men's Blue Boat 1985, 1986, 1987) and **Mrs Yana Peel**



Legacy gifts and commitments

A legacy gift to CUBC is a gift to tomorrow - one that ensures future student-athletes will benefit from the formative experience of rowing for Cambridge. The following individuals have generously included CUBC in plans for their estate.

Mr Stephen Berger (Men's Blue Boat 1983, 1984)

Mr Charlie Green (Goldie 1986)

Mr Donald Legget (Men's Blue Boat 1963, 1964)

Mr David Tait (Men's Lightweight 1998, 1999)

Ms Sarah Winckless MBE OLY (Women's Blue Boat 1995, 1996, 1997)

We would also like to thank those wishing to remain anonymous.

Team Hosts

To the members of our community who host student-athletes in their homes, we want to thank you for your generosity. The success of our crews would be impossible without you, and your ongoing hospitality is sincerely appreciated.

Toby Benzecry

Christina and George Casley

Peter Cawston & Daisy Llewellyn

Ian and Betsy Coles

Mark Davies

Andrew Elder

Vicky and David Gillard

Fiona Haigh

Susan Hawkings

The Hyde Treadwell Family

The Keller Family

Liz, Mike, Catherine & Gemma King

Rupert Morley

The Parish family

Peter and Janet Simpson

We would also like to thank those hosts who wished to remain anonymous.



2023 winning crews with Acting Vice-Chancellor Dr Anthony Freeling, Vice-Chancellor Professor Deborah Prentice, and Pro Vice Chancellor for Education Bhaskar Vira.

Volunteers and Gifts In Kind

We would also like to thank those donors who supported the Club with gifts in kind of goods and services, including volunteers not listed elsewhere.

Student Social Media Coordinator:

Seb Benzecry (Blue Boat 2021, 2023, Goldie 2022)

Cambridge University Boathouse Limited Board of Directors (Ely Boathouse):

Peter Jacobs (Goldie 1985)

Catherine Mangan (Blondie 1991)

Brian Potterill (Men's Lightweight 1988, 1989)

Charles Rowley (Men's Lightweight 1987)

Stephen Wyborn (Treasurer)

Boat Race Dinner Committee:

Sarah Shipton (Blue Boat 2001, 2002)

James Witter (Goldie 1983, 84, Blue Boat 1985)

Mark Davies (Goldie 1992, 1995)

Qunitus Travis (Goldie 1984, 85, Inj 1986)

Laura Stewart (Women's Lightweight 2019)

Gifts in kind:

Miss Emma Andrews (Blondie 2017, 2018, 2019)

Dr Marko Banovic OLY (Men's Blue Boat 1995)

Mr Jeff Cook

Mr David Gillard (Men's Blue Boat 1991, 1992, 1993)

Mrs Vicky Baker Gillard

Mr Marvin Goode

Mr Charlie Marcus (Goldie 2019, Men's Blue Boat 2020, 2021, 2022)

Mr Jonty Page (Goldie 2019, Men's Blue Boat 2020)

“It would be impossible to train the way we do without the generous support of our donors. From funded transport to and from training, to amazing facilities, funded kit and fantastic volunteer coaches as well as our wonderful London hosts, our CUBC experience truly would not be the same without them.”

Carys-Ann Earl Blondie 2023 | Caius

The following members of our community have partnered with CUBC, financially supporting the Club's vision. Their gifts are improving the experiences of current and future student-athletes on and off the water, ensuring that every crew is as well-prepared as possible to beat Oxford. The donors listed below made a gift or gifts to CUBC between 1 August 2022 and 31 July 2023, in line with the academic and the Club's fiscal year. We deeply appreciate their involvement.



Miss Rebecca Abbott Women's Lightweight 2017
 Mr Dara Alizadeh OLY Men's Blue Boat 2018, 2019
 Mrs Rosemary Allen Women's Blue Boat 1956, 1957
 Mr Nicholas Ames Goldie 1987, Men's Blue Boat 1988
 Mr Matthew Arnold Men's Lightweight 1999
 Mr Kyle Axner
 Mr James Bailey Men's Lightweight 2020
 Mr Jerry Bailey Goldie 1978, 1980
 Professor Malcolm Baker OLY Men's Blue Boat 1993
 Dr Christina Wood Baker
 Mr James Ball Goldie 1995, Men's Blue Boat 1996, 1997
 Dr Dirk Bangert Men's Blue Boat 1992, 1993, 1995, Goldie 1994
 Ms Kelsey Barolak Women's Blue Boat 2018
 Miss Stephanie Barwise Women's Lightweight 1987
 Mrs Elizabeth Bassett Spare 1996, Blondie 1997
 Dr James Bastian
 Mrs Tedie Jones Bastian
 Dr Richard Bates Men's Lightweight 1975
 Mr James Behrens Men's Blue Boat 1992, 1993
 Mr David Bell Goldie 2018, Men's Blue Boat 2019
 Mr Giovanni Bergamo-Andreis Men's Lightweight 2014, 2016, 2017
 Mr Jon Bernstein Men's Blue Boat 1993, 1994
 Dr Cath Bishop OLY Women's Blue Boat 1991, 1993
 Mr Nick Bliss Goldie 1981, Men's Blue Boat 1982
 Miss Peta Blundell Spare 2015, Women's Lightweight 2016
 Ms Isabel Boanas Evans Women's Blue Boat 2011, 2012
 Dr Ben Booth Men's Lightweight 1978, 1979
 Mr Charles Bourne Granta 2000, Men's Lightweight 2001, 2002
 Dr Nicholas Bradley Men's Blue Boat 1974
 Dr Bruce Braithwaite Men's Lightweight 1985
 Dr Marten Brelen Men's Lightweight 1998
 Mr Graham Brook Granta 2002
 Mr Christian Brun Goldie 1996, 1997
 Viscount Buckmaster Goldie 1969, Men's Blue Boat 1970
 Mr George Budden
 Dr Nicola Burbidge Women's Blue Boat 1974, 1975
 Dr Joanna Burch Blondie 1986, Women's Blue Boat 1987, 1988
 Ms Jo Busvine Women's Blue Boat 1985
 Mr Gardner Cadwalader OLY Men's Blue Boat 1972
 Mr Peter Carey Goldie 2016
 Ms Rebecca Caroe Blondie 1986
 Mr John Carver Goldie 1994, Inj 1996
 Mr Dick Cashin OLY Men's Blue Boat 1976
 Dr Susannah Cass Women's Blue Boat 2009
 Mr David Cassidy Goldie 1996, 1998, Men's Blue Boat 1997
 Dr Hilary Cassidy
 Mr Nordin Catic
 Mr Peter Champion Spare 2006, Men's Blue Boat 2007
 Dr Georgina Charlesworth Blondie 1990, Women's Blue Boat 1991
 Mr Rod Chisholm OLY Men's Lightweight 1995
 Captain Nicholas Clack RN Rtd Men's Blue Boat 1952
 Mr Richard Clarke Men's Blue Boat 1972
 Mr Ian Clarke Men's Blue Boat 1986, 1987, 1989
 Mrs Olivia Coffey OLY Women's Blue Boat 2018
 Dr Tom Coker Men's Lightweight 2010
 Mr Andrew Collier CBE Men's Blue Boat 1961, 1962
 Mr Michael Colyer Women's Blue Boat 1988
 Mr Ross Cook Granta 2003
 Dr Stephanie Cook MBE OLY Women's Lightweight 1993
 Mrs Sarah Cooke Blondie 1995, Women's Blue Boat 1996
 Sir Anthony Cooke-Yarborough Bt. Men's Blue Boat 1977, 1978
 Mr Piers Coombs Goldie 1989
 Dr Piers Copham Men's Lightweight 1985
 Miss Alexandra Courage Women's Lightweight 2013
 Mr Kyle Coveny Goldie 2004, 2005, 2006
 Ms Anna Crowley
 Mr Hardy Cubasch Men's Blue Boat 2009, 2011, Goldie 2010
 Mr Jimmy Daboo Women's Blue Boat 1984
 Major Christopher Davey Men's Blue Boat 1962, 1964, Goldie 1963
 Mr Frederick Davidson Men's Blue Boat 2017, 2018, 2019, 2020
 Mr Nick Davies Goldie 1977, Men's Blue Boat 1978, 1979
 Mr Mark Davies Goldie 1992, 1995
 Mr Christopher Daws Goldie 1968, Men's Blue Boat 1969
 Mr Sebastian Dawson-Bowling Goldie 1994, 1995, Men's Blue Boat 1996
 Dr Nicholas de Pennington Men's Lightweight 1997, 1998, 1999
 Professor Mark de Rond
 Mr Jeremy Debenham
 Dr Patrick Delafield Men's Blue Boat 1966, 1967, 1968
 Dr Rebecca Dell Spare 2018, Blondie 2019, 2020, 2021
 Mr Carl Dietz Spare 2006

Mr Guy du Parc Braham Men's Blue Boat 2001, 2002
 Mr Richard Dunn Goldie 2020, Men's Blue Boat 2021
 Dr Ben Dyer Goldie 1966, Men's Blue Boat 1967
 Dr David Earl
 Professor Alastair Edge
 Dr Andrew Elder Goldie 1990, 1991
 Mr Tony Elgood Goldie 1974, Men's Lightweight 1975
 Mr Henry Elkington Men's Lightweight 1986
 Dr Julian Elliott Goldie 1995, Men's Blue Boat 1996
 Dr Paddy Elwood Goldie 2016, 2017, Men's Blue Boat 2018
 Mr Nicholas English Men's Lightweight 2000, 2001
 Mr James Entwisle Men's Lightweight 1988
 Dr Nicola Evans Spare 1999, Blondie 2000
 Mr Alexander Fell Men's Blue Boat 1965
 Dr Nonie Ferrand Women's Blue Boat 1983, 1984
 Mr Chris Fielden Goldie 1964
 Mr Charles Fisher Goldie 2017, Men's Blue Boat 2016, 2018
 Dr Bettina Forster Women's Lightweight 2004
 Ms Laura Foster Blondie 2018, 2020, Women's Blue Boat 2019
 Mr Rob Foster Men's Lightweight 1988, 1989
 Mr James Fulcher Men's Lightweight 2007, 2008
 Mr Geoff Gage
 Mr Thomas George OLY Men's Blue Boat 2022
 Professor Ted Gibson PhD Men's Blue Boat 1986
 Dr George Gilbert Men's Lightweight 1994
 Dr Christopher Gill Goldie 1967, Men's Blue Boat 1968
 Mr Stephen Goddard
 Mrs Tina Goode
 Mr Paddy Gordon Men's Lightweight 1988
 Miss Myriam Goudet Women's Blue Boat 2016, 2017, 2018
 Miss Imogen Grant OLY Women's Lightweight 2016, Blondie 2017,
 Women's Blue Boat 2018, 2019, 2022
 Mr Richard Gray Men's Lightweight 1975, 1976
 Mr Robert Greatorex Goldie 1986
 Mr Charlie Green Goldie 2022
 Mr Lasse Grimmer
 Mr John Hale Men's Lightweight 2009, 2010, 2011
 Mrs Elizabeth Hamilton Women's Blue Boat 1975, 1976
 Mr Simon Harris Men's Blue Boat 1982, 1983
 Mr Charles Harris Men's Lightweight 1993
 Mr Martin Haycock Men's Blue Boat 1993, 1994
 Ms Laura Heaton Blondie 1997
 Mr David Height Men's Lightweight 1990
 Mr James Hervey-Bathurst CBE Goldie 1969, Men's Blue Boat 1970, 1971
 Mr Jonathan Hickey Men's Lightweight 2000
 Mrs Sue Higginson Blondie 1978, Women's Blue Boat 1980
 Mr Martin Hoather Men's Lightweight 1997, 1998
 Miss Helen Hodges Men's Lightweight 2006, Spare 2008, Goldie 2009
 Mr Henry Hoffstot Men's Blue Boat 2014, 2015, 2016
 Dr Liz Holmes Blondie 1983
 Ms Louise Hopper MBE Women's Blue Boat 2005
 Mr John Hughes Goldie 1984, Men's Blue Boat 1985, 1986
 Mr James Hunter Men's Blue Boat 2022
 Dr Morag Hunter Blondie 1993, Women's Blue Boat 1994
 Professor Jon Hutton Men's Lightweight 1977
 Mr Simon Irish
 Ms Kate Jackson Lighthouse Men 1986 inj
 Mr Peter Jacobs Goldie 1985
 Mr Howard Jacobs Goldie 1972, Men's Blue Boat 1973, 1974
 Dr Neil James Men's Blue Boat 1971, 1972
 Mr Garan Jenkin Men's Lightweight 2000
 Mr Dale Jennings Men's Lightweight 1977, 1979, 1980
 Ms Veronica Johansson Poultney
 Mr Max Justicz Men's Blue Boat 1991, 1992
 Mr Andrew Kelly Men's Lightweight 1985
 Mrs Zoe Kenealy Women's Lightweight 2002
 Mr Mike King and Mrs Liz King
 Mr Murray King Men's Blue Boat 1953
 Mrs Jane Kingsbury 2nd IV 1970, Women's Blue Boat 1971, 1972, 1973
 Mr John Kinsella Goldie 1982, 1983, 1985, Men's Blue Boat 1984
 Mr Nate Kirk Goldie 2003, Men's Blue Boat 2004
 Mr Stephen Kirkpatrick Men's Lightweight 1984
 Mr Martin Kubie Men's Lightweight 2012
 Ms Sarah Langslow Blondie 2001, Women's Blue Boat 2002
 Mr Tom Latter Men's Lightweight 1998, 1999
 Mr Bobby Lawes Goldie 1966, Men's Blue Boat 1967
 Mr Christopher Le Neve Foster Goldie 2003, Men's Blue Boat 2004
 Mrs Vanessa Leamon Women's Lightweight 1994, 1995
 Mr James Lee Men's Lightweight 2020



Mr James Livingston Goldie 2000, 2001, Men's Blue Boat 2002, 2003
 Mr Nicholas J London Goldie 1986, 1987
 Mrs Jo London
 Mr Roger Lowe Women's Blue Boat 1987
 Mr Charles Lowe Goldie 1969, Men's Blue Boat 1970
 Dr Sam Lucy Women's Lightweight 1992, 1993
 Professor Paul Luzio
 Mrs Natalie MacLean Blondie 1980, 1981
 Lt Gen Sir John MacMillan KCB CBE OLY Men's Blue Boat 1953
 Dame Louise Makin DBE Women's Lightweight 1984, 1985
 Mr Aleksander Malowany Men's Blue Boat 2017
 Mr Alex Markham Men's Lightweight 2008
 Mr Peter Marsland Men's Blue Boat 2008, 2009
 Professor Daphne Martschenko Blondie 2018, Women's Blue Boat 2015, 2016
 Mr Maciej Maruszcak
 Mr Will Mason Men's Blue Boat 1993, Men's Blue Boat 1994
 Professor Emma Mawdsley Blondie 1991, Women's Blue Boat 1993
 Miss Gillian McFarland Women's Blue Boat 2006
 Mrs Charlotte Monico Women's Blue Boat 1996
 Mr Patrick Moore Men's Blue Boat 1965
 Mr R H L Morgan Men's Lightweight 1987
 Mr Simon Morris Men's Lightweight 2012, 2013
 Miss Fiona Morrison Women's Blue Boat 1977, 1978, 1979
 Mr Jonathan Mouldsdales Goldie 1977
 Mr Richard Muirhead Goldie 1993, 1994
 Dr Paul Munro-Faure OBE Men's Lightweight 1978
 Mrs Lucy Murray Women's Lightweight 1999
 Lord Napier of Magdala Goldie 1961, Men's Blue Boat 1962
 Mr George Nash MBE OLY Goldie 2009, Men's Blue Boat 2010, 2011, 2013
 Mrs Katie Nash Blondie 2015
 Ms Ruth Naylor Blondie 1991
 Mrs Elizabeth Nelson Women's Blue Boat 1986, 1987
 Mr David Nelson Men's Blue Boat 2011, 2012
 Miss Briony Newington
 Mr Felix Newman Goldie 2014, 2015, 2017, Men's Blue Boat 2016
 Mr Tim Nugent Goldie 2019
 Ms Anne O'Leary Women's Lightweight 2009
 Mr James Orme Goldie 2004, 2005
 Dr John Owen Men's Blue Boat 1959, 1960
 Dr Kate Panter Women's Blue Boat 1982, 1983, 1984
 Mr Matthew Parish OLY Men's Blue Boat 1994, 1995
 Mrs Zoë Parish
 Dr Abigail Parker Spare 2018, Blondie 2019, Women's Blue Boat 2020, 2021
 Mr Toby Parnell Men's Lightweight Spare 2009
 Mr Matt Parry
 Mr Edward Peacock Granta 2003
 Mr Stephen Peel OLY Men's Blue Boat 1985, 1986, 1987
 Mrs Yana Peel
 Mr Henry Pelly Men's Blue Boat 2008, 2009, 2010
 Dr Justin Pepperell Goldie 1986, 1987, Men's Blue Boat 1988
 Mr Arturo Perez Kramer
 Miss Amelia Perrin Blondie 2018
 Mr Bruce Perry Men's Lightweight 1996, 1997, 1998
 Dr Natasha Petersen Women's Blue Boat 2001
 Jim Pew Esq Men's Blue Boat 1986, 1987
 Mrs Annamarie Phelps CBE OLY Blondie 1987
 Mr Richard Phelps Men's Blue Boat 1993, 1994, 1995
 Dr Joe Pitt Goldie 1977, 1979
 Dr Sam Polak Blondie 2006
 Mr Robin Ponte Goldie 2017
 Dr Guy Pooley OLY Men's Blue Boat 1988, 1989, 1990, 1991
 Mrs Sarah Pooley Women's Lightweight 1990
 Mr James Porter Men's Lightweight 1999
 Dr Rob Portsmouth
 Mr Brian Potterill Men's Lightweight 1988, 1989
 Mr Colin Pritchard Men's Lightweight 1989, 1990
 Mr John Pritchard OLY Men's Blue Boat 1984, 1985, 1986
 Mr Hugo Ramambason Goldie 2015, 2016, Men's Blue Boat 2017, 2018
 Sir David Reddaway Men's Lightweight 1975
 Mr Richard Reeve Men's Lightweight 1991
 Dr Melanie Reichelt Blondie 1984, Women's Blue Boat 1985, 1986
 Professor Jon Rhodes Goldie 1968, 1970
 Dr Libby Richards
 Mrs Jenny Ridge
 Mr Jamie Riley Men's Lightweight 1992
 Mrs Sarah-Kate Roberts
 Mr David Roberts Goldie 1966, Men's Blue Boat 1965
 Mr Robert Robinson Men's Lightweight 1980
 Dr Tom Roe Spare 2018, Men's Lightweight 2019

Ms Elizabeth Rounce Women's Blue Boat 1973
 Mr Peter Rutland Granta 2000
 Mrs Felicity Rutland DL
 Miss Fay Sandford Women's Blue Boat 2011, 2012, 2013
 Mr Paul Sansome Men's Lightweight 1985
 Dr Larkin Sayre Blondie 2018, Women's Blue Boat 2019, 2020
 Mr Simon Schürch OLY Men's Blue Boat 2022
 Ms Vian Sharif Women's Lightweight 1998, Men's Blue Boat 1999
 Mr Edward Sherwood Goldie 2004, 2005, 2006
 Dr Fiona Shields Women's Lightweight 1992, 1993
 Mrs Sarah Shipton Women's Blue Boat 2001, 2002
 Mrs Lucy Sidey Women's Blue Boat 2006, 2007
 Mr Barry Skingle
 Dr Teague Smith Men's Lightweight 2019, 2020
 Miss Patricia Smith
 Women's Lightweight 2015, Blondie 2017, Women's Blue Boat 2018, 2019, 2020
 Mr Richard Smith Goldie 1990, 1992, Men's Blue Boat 1991
 Mr Andrew Smith Goldie 2002, 2003
 Mr Richard Spink Men's Blue Boat 1987, 1988
 Dr David Sprague Goldie 1973, Men's Blue Boat 1974
 Mr Richard Staite Goldie 1989, 1992, Men's Blue Boat 1990, 1991
 Mr. Benjamin F. Stapleton IV Goldie 2001
 Mr John Stebbing Men's Lightweight 1984
 Mr Timothy Steele Granta 2003
 Mr Roger Stephens Goldie 1980, Men's Blue Boat 1981, 1982
 Mr Code Sternal Goldie 2009, 2010
 Mr Alexander Summers Men's Lightweight 2003, 2004, 2005
 Ms Sophia Supple Blondie 1989, Women's Blue Boat 1990
 Dr Laura Sutcliffe Blondie 2004
 Dr Claire Sweeney Women's Lightweight 1990
 Mr Sidney Syson 2nd VIII 1968, Women's Blue Boat 1969
 Mr David Tait Men's Lightweight 1998, 1999
 Mr Alister Taylor Goldie 2016
 Mr Roger Taylor Goldie 1993, Men's Blue Boat 1994, 1995
 Mr Richard Tett Men's Lightweight 1992
 Mr Benjamin Thomas Men's Lightweight 2008
 Dr Annie Thwaite
 Dr Charlotte Tovey Women's Lightweight 2011, 2012
 Mr Quintus Travis Goldie 1984, Goldie 1985, DNR 1986
 Mr Lance Tredell Men's Blue Boat 2016, 2017
 Miss Hilary Tunnicliffe Blondie 1980, 1981
 Dr Dmytro Tupchiienko
 Dr Jonathan Vibhishanan Men's Lightweight 2019
 Mrs Penelope Vincent-Sweet Blondie 1978, Women's Blue Boat 1979
 Ms Sally Visick Women's Blue Boat 1973, 1975
 Mr Dobs Vye Men's Lightweight 1989, Goldie 1990
 Dr Laura Watkins Men's Lightweight 1998
 Mrs Nicola Watt Blondie 1990
 Mr Amalavajra Webb Men's Lightweight 1993, 1994, 1995
 Mr Michael Webber Men's Blue Boat 1973
 Mr James Wedlake Men's Lightweight 2012, 2013
 Dr Leigh Weiss Men's Blue Boat 1989
 Frau Paula Wesselmann Women's Blue Boat 2018
 Mr Philip Westmacott
 Mr Roger Weston Men's Blue Boat 1960, 1961
 Ms Caroline Whalley Women's Blue Boat 1979
 Mr Henry Wheare Goldie 1973, Men's Blue Boat 1974
 Ms Alice White Women's Blue Boat 2017, 2018
 Dr Dave White Men's Lightweight 2007
 Professor Kate White Blondie 1993, Women's Blue Boat 1994
 Mr Martin White Men's Lightweight 1984, 1985
 Dr Karen Wiemer Women's Blue Boat 1990, 1991, 1993
 Dr Tony Williams Men's Lightweight 1980
 Mr Mark Wilson Men's Blue Boat 1986
 Mr Sam Wilson Goldie 2017
 Dr Sarah Wilson Women's Blue Boat 1992
 Ms Eleanor Wimettt Women's Blue Boat 1968
 Ms Sarah Winckless MBE OLY Women's Blue Boat 1995, 1996, 1997
 Mr Charles Winslade Men's Lightweight 1981
 Mr Paul Withers Goldie 1977, 1978
 Mr James Witter Women's Blue Boat 1985
 Miss Emma Wright Goldie 1983, 1984, Men's Blue Boat 1985
 Mr James Wright Blondie 1991, 1994
 Mr Oliver Wynne-Griffith OLY Granta 2002, 2003
 Mr Richard Wynne-Griffith Men's Blue Boat 2022
 Mr Jason Yeung
 Ms Julie Young Men's Lightweight 1996
 Ms Thea Zabell Blondie 1980
 Blondie 2017, Women's Blue Boat 2016, 2018

Stories of Impact

Tom George (Men's Blue Boat 2022)

The silver medal won by Tom George and Ollie Wynne-Griffith at the 2023 World Rowing Championships in Belgrade in September had its seeds for success at Cambridge University Boat Club.

The second-place finish in the men's pair was the pinnacle to date of a project that was born at Goldie Boathouse while Tom and Ollie were studying at Cambridge during the 2021-22 academic year.

Tom and Ollie arrived at Cambridge having been part of the Team GB men's eight that won a bronze medal at the delayed Tokyo Olympics, in a tandem rigged boat, with Tom in the No 3 seat and Ollie at No 6, meaning they were both on stroke side and it led to chief coach Rob Baker coming up with a suggestion.

"The partnership was really Rob's idea," explains Tom.

"We arrived at Cambridge on the same side, and it was Rob who suggested that one of us swap. He pulled up a lot of data and showed us why he thought it would work really well. It was a pretty cool moment.

"He essentially just said that we had to trust him, and he was sure that we would not regret it. To start with, Ollie swapped sides and just sat in the middle of the eight while he got used to it."

As they became more accustomed to the new approach, it was in January 2022 that they first went out in a pair.

"It was a bit interesting at points, but it definitely wasn't terrible," says Tom.

"To start with we just aimed to hit the speeds that we felt were right and hoped that the feel for the boat would come from there. We wanted to make sure we didn't get in and sort of drift around trying to make it feel perfect.

"The focus was on what we were doing under the water. I think we knew though after the first couple of sessions that with some time in the boat we would be a good pair. The natural speed we found as a rough and ready combination certainly showed that."

There were different learning curves for the duo, with Ollie having to adjust to the bow side and the role reversal of his hands, while for Tom it was about the understanding of how to move the pair and "the one-ness between the athlete and the boat".

"He saw the potential and helped us commit to it. He taught us the style of how we wanted to move a pair quickly and every call he made paid off throughout the season. Without Rob and CUBC this pair simply wouldn't exist."

"You can't bully it, you have to be sympathetic at all times. It's an art form," he says.

The Boat Race may not have gone Cambridge's way in 2022, but the learning environment had set Tom and Ollie up for a new challenge when they returned to the national squad as they sought to hone their skills and partnership in the pair.

"Rob was incredibly influential to it, and still is now," says Tom. "He saw the potential and helped us commit to it. He taught us the style of how we wanted to move a pair quickly and every call he made paid off throughout the season. Without Rob and CUBC this pair simply wouldn't exist."

"We both felt we had unfinished business in the pair. The pair is a special place and a close community in international rowing which makes it even more fun to be a part of."

The silver in Belgrade adds to an already burgeoning medal collection in the pair, with victories in the Rowing World Cups in Varese and Lucerne this year, silver at the European Championships in Slovenia, and golds at two World Cups last year, as well as silver at the European Championships and bronze at the 2022 World Championships.

"It's been pretty mad to see how we have progressed," says Tom.

"We arrived at Cambridge as decent rowers and Olympic medallists. But now we are some of the best rowers in the world - I don't think either of us would have seen our progression like this. Rob and CUBC played a huge role in that."

He adds: "I loved every second of my time with CUBC. Loved every second of it, it is a special club filled with special people. I'm still close with Bakes and it's always nice to hear how things are going at CUBC. My only regret is not winning the Boat Race. Perhaps in the future..."



“Rowing at Cambridge has helped me develop as an athlete massively”



Luca Ferraro (Men’s Blue Boat 2022, 2023) and Rosa Millard (Women’s Lightweight 2022, Women’s Blue Boat 2023)

From a bronze medal at the London Youth Games to victory with Cambridge University Boat Club in the Boat Race, there is a symmetry of friendship and rowing between Rosa Millard and Luca Ferraro.

In a story that starts at Lea Rowing Club at Hackney, the pair have trod an almost identical route on their way to becoming victorious Blues.

Rosa’s rowing path was mapped out from a very young age, when she was first roped into cox her dad’s veterans four when just eight years old. It was a role that continued for the next few years, combined with swimming more than six times a week.

But after five years, Rosa made the decision to make the full transition from coxing/swimming to rowing.

Luca’s introduction to the sport was a bit less mapped out but had similar seeds in a family connection.

“I started rowing for a couple of reasons - the main being that I wasn’t very good at any of the other sports I’d tried!” he says.

“It also helped that my dad had rowed before, so he thought I had the physical potential for the sport, and signed me up at the closest rowing club, the Lea. After my first time out on the water, I was hooked.”

The pair got to know each other first through Lea Rowing Club, and then attending The Latymer School together, becoming close friends as part of the same friendship group and in the same GCSE chemistry and A-level maths classes.

“Funnily enough,” says Rosa, “Luca and I raced together when we were about 15 in the mixed double at the London Youth Games, securing a mighty bronze.

“We trained alongside each other for a year (2018-19) in quads under the watchful eye of Martin Cambareri.”

It meant that when they both chose to study at Cambridge - they visited the city and Goldie Boathouse together - and subsequently trial as freshers with CUBC, there was additional support immediately on hand.

“Being in the same year at school we went through the whole strange process of applying to Cambridge simultaneously - picking a college and subject, going up for interview, getting our offers and then signing up to be involved with CUBC as well, so there was both the reassurance you get knowing someone else is going through the same things, and also perhaps a healthy bit of competitiveness between us too,” says Luca.

Rosa adds: “Having Luca as a familiar face in the team was always very reassuring, it definitely made the men’s side seem less scary!”

Having adjusted to their new surroundings, the learning and development culture and environment at CUBC has been of huge benefit to the pair.

In their second year of trialling, Rosa was in the bow seat of the Blue Boat as Cambridge won the Lightweight Women’s Boat Race by 15 lengths, while Luca was selected in the bow seat of the Blue Boat for the Men’s Boat Race.

“Rowing at Cambridge has developed my skills in so many fields,” explains Rosa.

“In terms of rowing skills, I have developed technically in ways I never imagined. Paddy Ryan changed my rowing completely and he is an excellent, supportive, and kind coach.

“Paddy and the rest of the coaching team also helped to develop my skills in communicating, and demonstrated what it is to have an open, and more importantly, honest relationship with athletes. The other athletes really were inspiring and were hugely influential in developing my working skills and time management, specifically the older athletes.”

The sentiments are echoed by Luca, who had only sculled as a junior so learned the technical model of sweep rowing under the watchful eye of the CUBC coaches.

“Rowing at Cambridge has helped me develop as an athlete massively,” he explains.

“As well as the technical side, being a part of such a big, competitive squad helps you to develop as an athlete physically and mentally in ways that are just impossible in a small junior program like the Lea.



“CUBC is unique compared to most university boat clubs in the real range of experience running through the squad - although standards are high for everyone, you can get guys who’ve only done junior or college rowing previously training alongside seasoned university and international rowers from other programs all over the world, and even (if you’re lucky) Olympians.

“Learning from your teammates massively helps you progress more than anything else. Rowing with CUBC has allowed me to achieve things I wouldn’t have thought possible before I arrived, both in terms of international racing and personal athletic milestones. Above all else though, it offers the opportunity to compete and win in the Boat Race, the absolute highlight of my rowing career so far.”

Rosa was in the No 2 seat for CUBC’s four-and-a-half length win in the 2023 Women’s Boat Race, an experience that she describes as “so crazy”.

“My keenest memory is definitely walking out of the boat house, that was amazing, it was only at that point did I really realise how much of a big deal the race was!!” she says.

“As a crew, we had been told by multiple alumni to make sure that we enjoyed the day, and realised what a privilege it is to get to row in the Boat Race, and I am so glad we were told this because walking out of the bay could have been terrifying, but we were told over and over again to smile and make sure we enjoy it, and we really did.

“I feel so grateful to have had all the support we did for the race and everything that comes with it, the amazing coaching team, the alumni, the donors, and the athletes and it was an experience that I will never forget.”

Luca was in the stroke seat in CUBC’s one-and-a-third length success in the 2023 Men’s Boat Race and says: “It was an incredible experience. To participate in a race of that scale, with so much history, charged with so much emotion was something unforgettable.

“Racing the race really felt like being a part of something special - and the feeling of joining such a supportive club of people who have all experienced the same thing is something I’ll treasure forever.”

“I feel so grateful to have had all the support we did for the race and everything that comes with it, the amazing coaching team, the alumni, the donors, and the athletes and it was an experience that I will never forget.”

This summer, Rosa won a bronze medal at the British Rowing Beach Sprint Finals in Devon.

Having qualified in fifth place before losing in the semi-final, she then faced Oxford Blue Ruth Siddorn in the bronze medal race and emerged triumphant in a tight contest.

The development ethos at CUBC helped make that possible.

“On the women’s side, there is a big emphasis in asking questions and harvesting curiosity,” says Rosa.

“Paddy and the other coaches make this easy by giving us opportunities to ask questions. We have regular meetings and discussions which aid this and allow an open environment to gain an understanding about our rowing.

“The development ethos is definitely built on asking questions and gaining clarity, which inherently strengthens honest, open, and trustful communication between the athletes and the coaches.”

Luca’s own development has led to success on the international stage.

Having represented GB at the World Rowing Under-23 Championships in 2022 with CUBC clubmate Ollie Parish in men’s pair, Luca was selected this summer in the GB eight for the event in Plovdiv.

Sitting in the 7 seat, Luca helped GB earn victory by more than two seconds and credits the role CUBC has had in his progression to the under-23 national squad, through the development pathway, coaching and internal standards created at the Club.

“Everyone offers something different to the melting pot and by absorbing as much as you can from the experience of the guys around you, you can develop far quicker than you would elsewhere,” says Luca.

“There is a clear emphasis on hard work - the structure and coaching are of a high enough standard that it’s very clear that you get out what you put in - the support is there for you to achieve great things as an athlete if you buy into the programme.

“There are also very visible examples over past years of guys progressing year on year to go from lots of different backgrounds to reach new heights of achievement with CUBC, including racing and winning the Boat Race.



“When I think back, it is probably one of the favourite rowing experiences that I’ve had.”

Liv Coffey (Women’s Blue Boat 2018)

Liv Coffey’s assessment of spending a year at the University of Cambridge and rowing for Cambridge University Boat Club speaks volumes for everything about the club.

A fixture in the US rowing team, having won gold at two World Rowing Championships and been the alternate for the 2016 Rio Olympics, when the then 28-year-old arrived to study for an MBA, Liv had a wealth of experience to call upon.

It was a far cry from the international set-up as at CUBC international athletes are pitted alongside inexperienced rowers, some of whom may have only taken up the sport the previous year.

Liv looks back fondly on the environment and the squad dynamic.

“It was nice being around people for whom rowing was new again,” she says.

“You remember what it’s like showing up to the first couple of days of practice and falling in love with the sport, and there is an energy that’s associated with it.

“When you came from an environment where you were rowing all day, you lose a little bit of that spark but then you go to Cambridge and you have people rowing for the first time and seeing how much fun it is, how exciting it is, it’s nice. It’s a nice energy to be feeling.”

Liv, who first started rowing while at Phillips Academy aged 16 and was a member of the rowing team from her first year at Harvard University, admits that it was a difficult transition at first at CUBC, having been a professional sportswoman for five years.

“It took a long time to get comfortable with a different training environment and training programme,” she explains.

“You think you’re at the top when you’re on a national team but when I came to Cambridge, there were so many things that the team did well that I had no idea how to do well.

“They were super-efficient in the mornings, they understood how to maximise their training programmes, which were very different to what I was used to.

“It took a while to go ‘hey, you’ll be OK if you listen to the coaches, you’ll be OK if you follow this plan and it doesn’t have to be what you’ve done for the past X number of years.”

Another adjustment to make was just the overall experience of living in the city.

“I showed up at Cambridge and I didn’t think it would be too much of a culture shock, I thought it would be like going to a university in the US but it was a lot different. I mean it’s a small city,” explains Liv.

“I didn’t have a bicycle on my first day so I had to walk 45 minutes from Homerton College to the Boathouse and I just thought ‘I can’t do this again’ so I went to the bike shop immediately after my first practice.

“It’s a different way of living, different from the US, and it’s something I haven’t ever experienced before and I’m not sure I will ever experience again.”

After helping Cambridge to a seven-length win in the Women’s Boat Race in 2018, Liv was training in the single scull as it was not feasible to link up with the US national team until after the conclusion of the academic year.

It meant there was the opportunity to race at the BUCS Regatta, which included in the double scull with Imogen Grant, and Liv laughs: “I think we got third and it’s just funny because she is now the fastest lightweight in the world ever and I won the world championship that summer!”

That was as stroke of the US eight in Bulgaria in 2018, and Liv is in no doubt that the training at Cambridge helped to put her in a position to complete that feat.

“After what we did under Rob Baker, and the training when I joined the national team, I was stroke of the eight at the World Championship which was more than I expected to do, it was awesome,” she explains.

“When I came back [to the US team], I realised that maybe a better training programme for me wasn’t a lot of volume, it was maybe more power focused and so I tried to do as much of that as I could in the next programme because I thought I responded better to it.

“I rowed for the same coach for years before I came to Cambridge. It’s nice to go to a different programme and have coaches explain the similar ideas but in a slightly different way. Things start to click and you are surrounded by athletes who have similar strokes, how the coach wants it, and so it is easier to pick that up.

“I think it is good to jump into a different environment, with different coaches and you learn something new that way.”

It all means that Liv reflects on her time with CUBC in a positive light, and fondly.

“You come to look at it in the round after rowing in the US team and it’s like a breath of fresh air,” she says.

“In the US team, and probably any national team, you have a really great group of people but you are not necessarily teammates with them until the very end.

“It’s very much independent, it’s very stressful every day and it was such a nice transition to go to a place where my priority wasn’t rowing any more, it was my academics and I was part of a big team again.

“A lot of the pressure that comes with competing on a national team on a daily basis was not there, but it didn’t impact the performance – we were fast, the crew did really well.”

But it is only on coming back to watch the Boat Race that she can now fully understand the magnitude of the event.

“In the boat, you don’t really appreciate it,” she adds. “I’ve since gone back and been a spectator at the event and gone ‘oh my goodness, it’s a lot bigger than I thought it was when I raced.”



Supporting our Student-Athletes

Both the endowment and the Pulling Together Fund are critical components of the Club's financial wellbeing, providing support for every student-athlete. They ensure the competitiveness of our crews and ease demand on the yearly budget, enabling flexible support for our five key priorities: training and equipment, coaching and support staff, travel and accommodation, facilities, and student-athlete wellness.

Widening our sources of revenue to include philanthropic contributions puts the Club on financially stable footing over the long term, allowing us to maintain our focus on producing the best crews possible to beat Oxford. We are only going to achieve this goal together and **we are incredibly grateful to those already participating.**

We know that global events have affected everyone differently, but if you are in a position to give, please do consider joining other members, parents, and supporters by participating in whatever way makes sense for you.

Below, you can find five ways to show your support. Gifts can be made online at cubc.org.uk/donate.



Make a recurring gift

Recurring gifts – either on a monthly or yearly basis – are the best way for you to provide sustainable support for our student-athletes and coaches.



Make a one-off gift

Any gift, no matter how large or small, will help us grow our world-class programmes. Participation is our primary aim.



Create a legacy

Please consider joining those who have already made CUBC a part of their estate plan and a beneficiary in their will. Including the Club in your will is a powerful way to show your commitment to the longevity of the Club today, tomorrow, and for generations to come. Legacy gifts are exempt from inheritance tax. Get in touch with Sarah-Kate Roberts to share your wishes.



Make a non-cash gift

If you are interested in giving a non-cash asset, consider giving a gift of shares. Gifts of appreciated securities often offer you tax advantages. For more information on gifts of shares, property or other non-cash assets please visit our website or get in touch with Sarah-Kate Roberts at sarah-kate@cubc.org.uk.



Select us as your charity of choice on easyfundraising.

Easyfundraising is a free platform that allows us to earn when you shop online at more than 7,000 brands. Everyone from John Lewis & Partners to M&S, Trainline, Deliveroo, Booking.com, and everything in between. For every order you make, we will receive money directly from the brand - so it does not cost you a penny. Simply register as a supporter using this link: cubc.org.uk/support and download the app.



For more information please contact **Sarah-Kate Roberts**, Head of Philanthropy and Communications, at sarah-kate@cubc.org.uk or **+44 7938 482757**.

APPENDICES

Appendix A: Acronyms

- BRCL** - Boat Race Company Limited
- BUCS** - British Universities and Colleges Sport
- CUBC** - Cambridge University Boat Club
- CUBL** - Cambridge University Boathouse Limited
- CUBC RCF** - CUBC Rowing Charitable Fund (Endowment)
- CUEF** - Cambridge University Endowment Fund
- HRR** - Henley Royal Regatta
- HWR** - Henley Women's Regatta
- LM** - Lightweight men
- LW** - Lightweight women
- Lwt** - Lightweight
- OW** - Openweight women
- OM** - Openweight men
- TCF** - The CUBC Foundation



Appendix B: Equipment Inventory

Consolidated CUBC Equipment List

List of Boats (as of 31 July 2023)

Class	Boat	Name	Weight	Year of Purchase
VIII	Filippi	Unnamed	OW - 80 kg	2023
VIII	Filippi	John Church MD	OW - 80 kg	2022
VIII	Empacher C86	Roger	OM 90+ kg	2022
VIII	Empacher R84	Kath	LW - 80kg	2021
VIII	Empacher R87	Mike	LM - 75-90kg	2021
VIII	Empacher C86	Ian	OM 90+ kg	2018
VIII	Empacher	Kevin	OM 90+ kg	2015
VIII	Filippi	Parmigiani	OW - 80 kg	2016
IV-	Filippi	Unnamed	70 kg	2021
IV-	Filippi	Unnamed	90 kg	2022
IV-	Filippi	Unnamed	70 kg	2016
IV-	Hudson S4.21	Unnamed	70 kg	2013
IV-	Empacher	Unnamed	90+ kg	2008
IV-	Filippi	Mistral	70 kg	2007
IV+	Filippi	Unnamed	70 kg	2022
IV+	Filippi	Unnamed	70 kg	2022
IV+	Empacher	Unnamed	90+ kg	2022
IV+	Empacher	Unnamed	90+ kg	2022
IV+	Hudson S4.21	Unnamed	70 kg	2020
IV+	Hudson S4.21	Unnamed	70 kg	2020
IV+	Hudson S4.21	Unnamed	70 kg	2012
IV+	Hudson S4.21	Unnamed	70 kg	2012
2x/-	Filippi	Unnamed	90+ kg	2022
2x/-	Filippi	Unnamed	90+ kg	2022
2x/-	Hudson	Unnamed	61-79kg	2021
2x/-	Hudson	Unnamed	61-79kg	2021
2x/-	Hudson	Unnamed	61-79kg	2021
2x/-	Hudson	Unnamed	61-79kg	2021
2x/-	Wintech	Eric Day	80 kg	2016
2x/-	Wintech	Ed Hallam	80 kg	2016
2x/-	Stampfli	Unnamed	70 kg	2015
2x/-	Hudson	Unnamed	90+ kg	2014
2x/-	Hudson	Unnamed	90+ kg	2014
2x/-	Hudson	Unnamed	90+ kg	2014
2x/-	Hudson	Roger Silk	70 kg	2014
2x/-	Hudson	Ron Needs	70 kg	2014
2x/-	Hudson	Unnamed	70 kg	2013
2x/-	Hudson	Pat Marsh	70 kg	2012
2x/-	Janousek	Unnamed	70 kg	2011
2x/-	Filippi	Marko	90+ kg	2010
2x/-	Filippi	Unnamed	90+ kg	2010
1x	Hudson	Unnamed	70 kg	2012
1x	Empacher	Unnamed	70 kg	2007
1x	Black	Unnamed	60 kg	c2007
1x	Filippi	Unnamed	90+ kg	2006
1x	Janousek	Unnamed	70 kg	Old
1x	Filippi	Unnamed	70-80kg	2023
1x	Filippi	Unnamed	70-80kg	2023
Recently purchased boats that await delivery:				
IV+	Empacher	Unnamed	90kg	2023
IV+	Empacher	Unnamed	OM	2023
IV+	Filippi	Unnamed	60-70kg	2023
IV+	Filippi	Unnamed	LW	2023

Other Equipment

Item/Number of Units	
Coxboxes:	8
Erg Bikes:	6
Launches:	9 (6 in Ely, 3 in London)
Lifejackets:	13
Megaphones:	4
Minibuses:	5
Outboard Engines:	6
Radios (Two-way):	4
Ratewatches:	4
Concept2 Ergometers:	26
Rowing Oars:	20
new Concept 2 blades received each year for men's and women's squads on handback deal	
RowPerfect:	16
Samsung Tablets:	16
Scales:	1
Speedcoaches:	10
Strokecoaches:	6
Telemetry Systems:	6
Towing Vehicle:	1
Trailers:	2
TV:	1
Video Cameras:	3
Watt Bike:	1

Note: Items shown in **bold** indicate boats that are scheduled to be donated or sold in 2023-24

Appendix C: Background of rowers in this year's crews

Women:

The crews this year once again included a large variety of backgrounds.

Graduates who rowed before Cambridge (13)

Caoimhe Demspey (BB '20, '21, '22 '23) Trinity College Dublin, Claire Brillon (BB '23) University of British Columbia, Isabelle Bastion (BB '23) Harvard, Freya Keto (BB '23) Brown, Jenna Armstrong (BL '22, BB '23) Bates College, Carina Graf (BL '21, '22, BB '23) University of British Columbia, Gemma King (LW '19, '22, BL '20, '21) Lady Elenor Hollis, Hanna Prince (BL '23) Navy USA, Nicky Wojtania (BL '23) Harvard, Emily (Spare '23) Oxford College, Madelaine Jackson (LW '23) Watford RC, Olivia Alliott (LW '20, '22) Edinburgh Uni, Sam Clark (LW '23) Oxford College.

Undergraduates who rowed before Cambridge (5)

James Trotman (BB '23) St Paul's, Alex Riddel-Webster (BL '21, '22, BB '23) Godolfin & Latymer, Rosa Millard (LW '22, BB '23) Lea RC, Molly Foxell (BL '23) Lea RC, Kate Crowley (BL '23) Pembroke, Australia.

Graduates who learnt to row at Cambridge (8)

Janeska De Jonge (Trialist '20, '21, BL '22) Fitzwilliam, Dr. Lucy Havard (Spare '23) Caius, *Beth Merrifield (LW '23) Homerton, Annabel Cardno (LW '23) Emmanuel, Gemma Swan (LW '23) Emmanuel, Daphne Martin (LW Spare '23) Clare, Livia Lisi Vega (LW '23) Downing, *Vicky Noci (LW Spare '23) Newnham.

Undergraduates who learnt to row at Cambridge (7)

Clare Hole (BL '22, '23) St Catharine's, Iris Powell (BL '22) Churchill, *Carys-Ann Earl (BL '22) Caius, *Jessica "Beanie" Spain (Spare '22) Queens', Beth Taylor (Spare '23) Newnham, *Katy Hempson (LW '23) Christ's, *Lauren Britten (LW '23) Magdalene.

* Medical/Vets

Men:

Graduates who rowed Before Cambridge (10)

Matthew Edge (LW '20, '21, '22, BB '23) Durham Johnston Comprehensive, Nick Mayhew (BB '23) Latymer Upper School, Noam Mouelle (BB '23) Lycée Français Jean Monnet, Thomas Lynch (GO '22, BB '23) Mulgrave School, Seb Benzecry (BB '21, '23, GO '22) St Paul's, Thomas Marsh (GO '23) St Albans School, Sean Hayes (GO '23) King School, Joe Holey (LW '23) St Aidan's Church of England, Harry Fieldhouse (LW '22, '23) Hampton, Tteja Senthilnathan (LW '23) Wellesley High School

Undergraduates who rowed before Cambridge (12)

Brett Taylor (BB '23) The Perse School*, Ollie Parish (GO '20, BB '21, '22, '23) St Paul's, Luca Ferraro (BB '22, '23) The Latymer School, Jasper Parish (WBB '22, MBB '23) St Paul's, Orlando Morley (LW '22, GO '23) Latymer Upper School, Cameron MacKenzie (LW '21, '22, GO '23) The Perse School, Thomas Heppel (LW '23) KEVI Camp Hill School for Boys, Sam Taylor (LW '23) Durham Johnston Comprehensive School, Gianluca Vartan (LW '23) Dartford Grammar School/Haberdashers Askes Hatcham College, Cam Spiers (GO '21, '22, '23) Downing, Luke Beever (GO '23) King's College Worcester, Lewis Gray (LW '23) Shrewsbury School

Graduates who learnt to row at Cambridge (4)

George Hawkswell (LW '21, GO '22, '23) Caius, Reef Boericke (GO '21, '22, '23) Caius, Ollie Boyne (GO '21, '22, '23) Downing, Sam Clarke (LW '23) Magdalene

Undergraduates who learnt to row at Cambridge (1)

Ben Jones (LW '23) Magdalene

* Medical/Vets





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